## Note from the Leadership Team:

It's April, and spring is in full swing! Renewal and rebirth are the themes. Earth Day is the 22nd. It's a great time to get out and reconnect with nature. Join Charles in exploring Riverwalk. Learn more about our beautiful Scrub Jay Sanctuary with Patrick.

Spiritual renewal is happening as well in this most Holy season of Passover and Easter. Take part in our Passover Seder Plate and Service. On Good Friday St. Jude's Church comes to us with The Stations of The Cross. A special Easter Sunday dinner will be served in our dining room. Come hear Charles give a slide show and lecture on his time in Istanbul and Konya Turkey.



Travel with Charles "China" next Istanbul!

Headline:

As the weather gets warmer we are looking forward to getting out and celebrating spring! Saturday April 12th we head south to the Seminole Hardrock Hollywood Casino. Sunday the 13th we are trying a new local restaurant Wolfie's. On Tuesday the 8th The Coquettes Dance Troupe is performing their new "Spring Show"! Our watercolor painting class is focusing on Florida landscapes this whole month. For a special treat, Thursday the 10th Chef Billy is planning to demonstrate to us how he makes Bananas Foster, sure to be a crowd pleaser!

Team Member Highlight: Colleen Bennett



Hello Mangrove Bay Residents for those who don't know me my name is Colleen. I work in High Dive's Deli and have loved the pass four months I have been working here. I have lived in Jupiter my whole life. Fishing is my passion along with cooking of course. I am very thankful to have this opportunity to be Employee of the Month! Ann Malachowski, Colleen's supervisor, said that she is very pleased that Colleen is part of the team.

Leadership Listing:

Craig Reinmuth, Executive Director Danielle McEnry, Business Office Manager Donna Marie Amy, Sales and Marketing Evelvn Barbosa. Health & Wellness Diane Minich, Resident Services Marcia Aldridge, Resident Programs Tamara Martin, IL Program Coordinator Ann Malachowski, Dining Services Billy Rainha, Executive Chef Marie Diogene, Housekeeping Don Weis, Building Operations

## Your *Life*, Your *Style*, Your *News*

Featured Events:

Our Beautiful Scrub Jay Sanctuary Slide Show, w/ Patrick Monday, April 7/1:30pm - T

Coquettes Dance Troupe "Spring Show" Tuesday April 8/2:00pm - Lounge

Passover Seder Plate and Service Friday, April 11/ 4:15pm - T

Nature Walk on The Riverwalk w/Charles Saturday, April 12&26/9:00am - FC

Easter Dinner Sunday April 20/4:15pm - DR

Istanbul/Konya Business Travels Talk w/Charles Sunday, April 27 - A



Boutique "Bunny" Berenson shops at a pop up!

MANGROVE BAY INDEPENDENT LIVING A Senior Lifestyle Community Jupiter, FL



**APRIL 2025 Edition** 

Meet Your Neighbor: Paul Holtzman



Born and raised in Johnstown, Pa. Married his high school sweetheart and had four children, three live in the Jupiter area and one son lives in LA. Paul did volunteer work as secretary treasurer of the Jaycees, boy scout committee, Rookery Bay Conservatory Tour Guide and was a Navy Korean War Vet.

In Pittsburgh, Pa. Paul worked 37 years for Verizon as a project, planning and supervisory engineer. He retired early at age 57 on a volunteer management buyout. After retirement he bought a condo on Marco Island and lived there for 25 years. He is a member of the Marco Island Men's Club and the BPO Elks Lodge. About a year ago Paul moved to Mangrove Bay... so far so good!

## April 2025 Independent Calendar

independent Calendar	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>EXPLORE</b> BY SENIOR LIFESTYLE		<b>&gt;</b>	<ul> <li>11:00 Audiology Services by Dr. M. Looney [C]</li> <li>11:00 Blood Pressure Clinic by LL@H [LL&amp;H]</li> <li>11:00 Seated Tai Chi Class w/ Tamara [FC]</li> <li>11:30 Balance Class [FC]</li> <li>4:30 Happy Hour w/Vocalist Debbie Wallace [BL]</li> <li>7:30 Rummikub Games [C]</li> </ul>	0:00 • Aquacise Flow Class [SP] 2 1:30 • Strong Body/ Strong Mind with Charles [FC] 2:00 • Ball Toss Workout w/	10:00 Monthly Resident Meeting [TH] 10:30 Team Trivia [TH] 11:30 Balance Class [FC] 1:30 Hand & Foot Card Games [C] 4:30 Happy Hour [BL] 7:30 Movie Night	9:30 • St. Judes' Catholic Service [TH] 10:00 • Aquacise Flow Class [SP] 11:15 • Mangrove Bay Chorus w/ Ryan [BL] 1:00 Canasta Cards w/Gene [LR] 1:30 • Mahjong Games Mid-Level Group w/Marilyn [C] 4:30 • Happy Hour w/ Vocalist Mr. Ron [BL] 7:30 • Cinema Night [TH]	10:15Fitness Class w/Charles51:30Gene's Canasta Card Games [LR]51:30Watercolor Painting Class "Florida Landscapes" w/ Art Teacher Diane [A]4:30Happy Hour [BL]7:30Saturday Night Bingo [TH]
A Senior Lifestyle community	9:00 First United Methodist Church [ML] 9:30 Good Shepherd Church [ML] 10:00 St. Jude's Church 10:30 Sunday Brunch [DR] 11:00 Alterations by Kim [A] 12:30 Out to Anthony's Store [ML] 2:00 Chair Yoga & Meditation w/ Tamara [FC] 4:30 Happy Hour [BL] 7:30 Sunday Night Movie [TH]	[SP] 11:30 • Strong Body/Strong Mind with Charles [FC] 12:00 • Ball Toss Workout w/Charles [FC]	Clinic by LL@H [LL&H] 1 11:00 • Seated Tai Chi Class w/ Tamara [FC] 11:30 • Balance Class [FC] 1 2:00 • Coquettes Dance Group "Spring Show" [BL] 4:30 • Happy Hour w/Violinist Giorgio and Pianist Yolanda [BL]	Class [SP] 1:30 • Strong Body/ Strong Mind with Charles [FC] 2:00 • Ball Toss Workout w/ Charles [FC] 1:00 • Gene's Duplicate Bridge [LR] 1:00 • Mahjong Games [C]	<ul> <li>10:30 Team Trivia "Florida's Natural Waterways" [TH]</li> <li>11:30 Balance Class [FC]</li> <li>1:30 Hand &amp; Foot Card Games [C]</li> <li>2:00 Food Demo "Action Station" Bananas Foster w/Chef Billy</li> <li>2:30 Drama Club w/Actor Instructor R. Forbes [TH]</li> <li>4:30 Happy Hour [BL]</li> <li>7:30 Movie Night</li> </ul>	<ul> <li>9:30 St. Judes' Catholic Service [TH]</li> <li>10:00 Aquacise Flow Class [SP]</li> <li>11:15 Mangrove Bay Chorus w/ Ryan [BL]</li> <li>1:00 Canasta Cards w/Gene [LR]</li> <li>1:30 Mahjong Games Mid-Level Group w/Marilyn [C]</li> <li>4:15 Passover Service</li> <li>4:30 Happy Hour w/Singer Ryan Gil [BL]</li> <li>7:30 Cinema Night [TH]</li> </ul>	Passover       12         9:00       Experience Nature on the Riverwalk w/Charles       12         10:15       Fitness Class w/Charles         1:30       Gene's Canasta Card Games [LR]         1:30       Watercolor Painting Class "Florida Landscapes" w/Art Teacher Diane [A]         4:30       Happy Hour [BL]         7:30       Saturday Night Bingo [TH]         10:30       Seminole Hardrock Hollywood Casino [ML]
<ul> <li>_CONNECT</li> <li>_CONTRIBUTE</li> <li>_FEEL</li> <li>_GROW</li> <li>_MOVE</li> <li>_REFLECT</li> </ul>	Palm Sunday139:00First United Methodist Church [ML]9:30Good Shepherd Church [ML]10:00St. Jude's Church11:00Alterations by Kim [A]12:30Lunch Out to Wolfie's Local Restaurant4:30Happy Hour [BL]7:30Sunday Night Movie [TH]	Class [SP] <b>14</b> 11:30 • Strong Body/ Strong Mind with Charles [FC] 12:00 • Ball Toss Workout w/ Charles [FC]	Services by Dr. M. Looney [C] 1 11:00 Blood Pressure Clinic by LL@H [LL&H] 11:00 Seated Tai Chi Class w/ Tamara [FC] 11:30 Balance Class [FC] 4:30 Happy Hour w/Greg Conlon [BL] 7:30 Rummikub Games [C]	Class [SP] 1:30 Strong Body/ Strong Mind with Charles [FC] 2:00 Ball Toss Workout w/ Charles [FC] 1:00 Gene's Duplicate Bridge [LR] 1:00 Mahjong Games [C]	<ul> <li>10:30 Team Trivia "Music Trivia" [TH]</li> <li>11:30 Balance Class [FC]</li> <li>1:00 JMC Thrift Shop Pickup</li> <li>1:30 Hand &amp; Foot Card Games [C]</li> <li>4:30 Happy Hour [BL]</li> <li>7:30 Movie Night</li> </ul>	Good Friday 9:30 • Stations of the Cross 10:00 • Aquacise Flow Class [SP] 11:15 • Mangrove Bay Chorus w/ Ryan [BL] 1:00 Canasta Cards w/Gene [LR] 1:30 • Mahjong Games Mid-Level Group w/Marilyn [C] 4:30 • Happy Hour w/ Vocalist Stone Silk 7:30 • Cinema Night [TH]	
Location KeysActivity RoomABar/LoungeBLBilliard RoomBCard RoomCDining RoomDRFitness CenterFCLL&H OfficeLL&HLibraryLBLiving RoomLRMain LobbyMLSwimming PoolSPTheaterTH	Easter 9:00 • First United Methodist Church [ML] 9:30 • Good Shepherd Church [ML] 10:00 • St. Jude's Church 4:30 • Happy Hour [BL] 4:45 • Easter Dinner 7:30 • Sunday Night Movie [TH]	Mind with Charles [FC] 12:00 Ball Toss Workout w/Charles [FC] 12:30 Bible Study [LB]	<ul> <li>11:00 Blood Pressure Clinic by LL@H [LL&amp;H]</li> <li>11:00 Seated Tai Chi Class w/ Tamara [FC]</li> <li>11:30 Balance Class [FC]</li> <li>3:00 "Page Turners" Book Club [TH]</li> <li>4:30 Happy Hour w/Darrell Chambers [BL]</li> </ul>	0:00 Aquacise Flow Class [SP] 23 1 1:30 Strong Body/ Strong Mind with Charles [FC] 2:00 Ball Toss Workout w/ Charles [FC] 1:00 Gene's Duplicate Bridge [LR] 1:00 Mahjong Games [C]	10:30 • Team Trivia [TH] 24 11:30 • Balance Class [FC] 12:30 • Birthday Party Lunch [DR] 1:30 • Hand & Foot Card Games [C] 2:30 • Drama Club w/Actor Instructor R. Forbes [TH] 4:30 • Happy Hour [BL] 7:30 • Movie Night	9:30 • St. Judes' Catholic Service [TH] 25 10:00 • Aquacise Flow Class [SP] 11:15 • Mangrove Bay Chorus w/ Ryan [BL] 1:00 Canasta Cards w/Gene [LR] 1:30 • Mahjong Games Mid-Level Group w/Marilyn [C] 4:30 • Happy Hour w/Johnny "P" [BL] 7:30 • Cinema Night [TH]	9:00 Experience Nature on the Riverwalk w/ Charles 10:15 Fitness Class w/Charles 1:30 Gene's Canasta Card Games [LR] 1:30 Watercolor Painting Class "Florida Landscapes" w/ Art Teacher Diane [A] 4:30 Happy Hour [BL] 7:30 Saturday Night Bingo [TH]
	9:00 First United Methodist Church [ML] 9:30 Good Shepherd Church [ML] 10:00 St. Jude's Church 11:00 Alterations by Kim [A] 12:30 Out to Jupiter Library 2:00 Istanbul/Konya Business Travels w/Charles [A] 4:30 Happy Hour [BL] 7:30 Sunday Night Movie [TH]	<ul> <li>[SP]</li> <li>11:30 Strong Body/Strong Mind with Charles [FC]</li> <li>12:00 Ball Toss Workout w/Charles [FC]</li> <li>12:30 Bible Study [LB]</li> <li>2:00 Mini Bingo 25 Cents a Game [A]</li> </ul>	Chair Massage by Tamara [B] 1 11:00 Blood Pressure Clinic by LL@H [LL&H] 11:00 Seated Tai Chi Class w/ Tamara [FC] 11:30 Balance Class [FC] 4:30 Happy Hour w/Pianist Arthur Pearlstein [BL] 7:30 Rummikub Games [C]	0:00 • Aquacise Flow Class [SP] <b>30</b> 1:30 • Strong Body/ Strong Mind with Charles [FC] 2:00 • Ball Toss Workout w/ Charles [FC] 1:00 • Gene's Duplicate Bridge [LR] 1:00 • Mahjong Games [C] 4:30 • Happy Hour [BL] 7:30 • Wednesday Bingo Night [TH]	RESIDENT BIRTHDAYS Kimberly Hendee 4/4 Anne Shapiro 4/5 Linda Scott 4/10 Lee Robert 4/10	RESIDENT BIRTHDAYS Robert "Bob" Distefano 4/14 Pat Tarduogno 4/15 Ruth Cunningham 4/17	RESIDENT BIRTHDAYS Pat Osborne 4/19 James "Jim" Mazza 4/22

## Monthly Activities