Note from the Leadership Team:

There is much to be celebrated in the month of May! Starting off with our annual Kentucky Derby party, you are encouraged to wear your best hat prizes will be awarded! Let the race begin! Next, we join our neighbors to the south in the celebration of Cinco de Mayo, Ole! We wish a happy Mother's Day to all, with a special tribute to mothers, staring Ryan Gill, and a Mother's Day dinner in our Bay Club dining room. We end the month with a Memorial Day cook-in, as we honor and mourn all U.S. military personnel who have died while serving and protecting our freedoms.



Luau at the Bay from the Hawaiian hula girls to the grilled Lomi Lomi Salmon, Kalua Pork Kabobs, Molokai Sweet Potato Salad. SO FUN!

Headline:

The theme for May is experience discovery, and we look forward to learning more about resident Pooh Browne as she presents "Travel a Life of Adventures!" Test your knowledge in our discovery themed team trivia contests.

The Mangrove Bay Chorus will be performing their new musical "Back Home Again in Indiana!" And for the first time ever Hobe Sound Nature Center is coming to Mangrove Bay, to do their Wildlife Around Us Program! They are a non-profit wildlife refuge, that educates people to protect and conserve Florida's unique habitat!

7eam Member Highlight: Craig Stapleton



Craig was born in Englewood NJ and grew up in Demarest NJ. He played football in High School and College. He has a BS Degree in Food Science, Human Nutrition and an MBA in **Industrial Management. His career spanned** over 40 years in the foods, dietary supplements, and personal care companies. requiring domestic and international travel. He has two daughters who are exceptional Moms to four grandsons ranging in age from 6 months to 6 years. He really looks forward to when the boys can visit with Grandpa in Florida. Craig finds his job extremely rewarding and fun. The best has been getting to know everyone and finding common and uncommon things about each other.

Leadership Listing:

Craig Reinmuth, Executive Director
Danielle McEnry, Business Office Manager
Donna Marie Amy, Sales and Marketing
Evelyn Barbosa, Health & Wellness
Diane Minich, Resident Services
Marcia Aldridge, Resident Programs
Tamara Martin, IL Program Coordinator
Ann Malachowski, Dining Services
Billy Rainha, Executive Chef
Marie Diogene, Housekeeping
Don Weis, Building Operations

Your Life, Your Style, Your News

MANGROVE BAY INDEPENDENT LIVING
A Senior Lifestyle Community
Jupiter, FL

MAY 2025 Edition

Featured Events:

Kentucky Derby Party Wear Your Hats Place Your Bets Saturday, May 3/4:30p - L

Cinco de Mayo Monday, May 5/4:30p - L

Pooh Browne presents "Travel A Life of Adventure" Tuesday, May 6/2:00p - T

Special Tribute to Mothers by Ryan Gill, Friday, May 9/4:30p - L

Mangrove Bay Chorus presents "Back Home Again in Indiana Sunday, May 18/2:00p - L

Wildlife Around Us Program presented by Hobe Sound Nature Center Wednesday, May 21/2:00p T



We are looking forward to celebrating Cinco de Mayo on Monday, May 5th at 4:30pm with a live Mariachi Band playing in our Mangrove Bay Breakwater Lounge.

Meet Your Neighbor: 7oni Riefler



Born in Washington Heights, NYC, and for 8 years enjoyed the kaleidoscope of events the city offered...parades, circus, concerts, my school PS 132, the subway, to mention a few. Fast forward, moved across the George Washington Bridge to Teaneck, NJ. Graduated from Teaneck High School, William Paterson College, married, raised three children. Lived in NJ, MA, Ohio, Mississippi, and finally Florida. Worked at the Cleveland Institute of Music for several years and taught Kindergarten at two private Catholic Schools. And now find myself in Mangrove Bay. A beautiful community of never-ending friendships and fun. I am so glad I moved here. What could be better? Having 8 grandchildren and one great grandchild, the joys of my life, keeps me happy. When life gets guirky, always leave a trail of radiance.

May 2025 Monthly Activities Independent Calendar





- _CONNECT
- CONTRIBUTE
- _FEEL
- _GROW
- MOVE
- _REFLECT

Location Keys

Activity Room Bar/Lounge **Billiard Room** Card Room **Dining Room Fitness Center** FC LL&H Office LL&H Library LB Living Room LR Main Lobby ML **Swimming Pool** SP Theater

| Sunday | Monday |
|---|---|
| | Happy Mother's Day |
| 9:00 • First United Methodist Church [ML] | Cinco de Mayo 10:00 • Aquacise Flow Class [SP] 5 |
| 9:30 • Good Shepherd Church [ML] | 11:30 • Strong Body/Strong Mind with Charles [FC] |
| 10:00 • St. Jude's Church | 12:00 Ball Toss Workout w/Charles [FC] |



12:30 • Bible Study [LB]

Patrick [TH]

10:00 • Aquacise Flow

12:30 • Bible Study [LB]

1:00 • Google Earth Where you Lived and

2:00 • Mini Bingo 25 Cents a Game [A]

4:30 • Celebrate Cinco de Mayo with a

Mariachi Band [BL]

7:30 • Monday Night Movie [TH]

Class [SP]

Strong Body/

Charles [FC]

Strong Mind with

12:00 • Ball Toss Workout w/Charles

Interesting Places Class w/

Monday

Tuesday **RESIDENT BIRTHDAYS**

Services by Dr. M.

Clinic by LL@H [LL&H]

"Travel A Life of Adventure"

Happy Hour w/Vocalist

Debbie Wallace [BL]

Blood Pressure

Clinic by LL@H

11:00 • Seated Tai Chi Class w/

4:30 • Happy Hour w Pianist/

Friends [BL]

7:30 • Rummikub Games [C]

Audiology

Services by Dr.

M. Looney [C]

LL@H [LL&H]

11:00 • Seated Tai Chi Class w/

Tamara [FC]

11:30 • Balance Class [FC]

4:30 • Happy Hour w/Greg

Conlon [BL]

7:30 • Rummikub Games [C]

10:00 • Complimentary

Blood Pressure Clinic by

Singer Karen Sucher and

Tamara [FC]

11:30 • Balance Class [FC]

Blood Pressure

11:00 • Seated Tai Chi Class w/

2:00 • Pooh Browne Presents

7:30 • Rummikub Games [C]

[LL&H]

Tamara [FC]

11:30
Balance Class [FC]

Looney [C]

11:00

4:30

11:00

11:00

Glenn Radar 5/18 Philip LeBoutillier 5/10 Norman Belliveau 5/ Tim Cotton 5/11 19 Joan Cotton 5/16

BIRTHDAYS 10: 11:

| | Resident |
|-----|--------------------|
| | Meeting |
| | [TH] |
| :30 | Team Trivia [TH] |
| :30 | Balance Class [FC] |
| :30 | Hand & Foot Card |
| | |

Thursday

10:00 • Monthly

- Games [C] 4:30 • Happy Hour [BL] 7:30 • Movie Night
- Canasta Cards w/Gene [LR] Mahjong Games Mid-Level Group w/Marilyn [C] 4:30 • Happy Hour w Singer/Dancer Mr. Ron [BL] 7:30 • Cinema Night [TH]

Service [TH]

Class [SP]

Ryan [BL]

Canasta Cards w/Gene [LR]

Mahjong Games Mid-Level

Group w/Marilyn [C]

to Mothers [BL]

Friday

Mangrove Bay Chorus w/

9:30 • St. Judes' Catholic

10:00 Aguacise Flow

11:15

Service [TH]

Class [SP]

Ryan [BL]

Card Games [LR] 1:30 • Watercolor Painting Class w/Art Teacher Diane [A] 4:30 • Kentucky Derby Party [BL] 7:30 • Saturday Night Bingo [TH]

10:15 • Fitness Class

1:30 • Gene's

1:30

10:15

1:30

w/Charles

Diane [A]

7:30 • Saturday Night Bingo

Fitness Class

w/Charles

Gene's

4:30 • Happy Hour [BL]

[HT]

Canasta Card Games

Watercolor Painting

Class w/Art Teacher

Gene's Canasta

w/Charles

Saturday

10:15 • Fitness Class

1:30



Mother's Day 9:00 • First United Methodist Church

В

- 9:30 Good Shepherd Church [ML]
- 10:00 St. Jude's Church 11:00 • Alterations by Kim [A]

10:30 • Sunday Brunch [DR]

11:00 • Alterations by Kim [A]

12:30 • Out to Anthony's Store

Tamara [FC]

4:30 • Happy Hour [BL]

2:00 • Yoga for Self-Discovery w/

7:30 • Sunday Night Movie [TH]

- 12:30 Out to Fresh Market Plaza 4:30
- 4:45
- 7:30

| 4:30 • Happy Hour [BL] 4:45 • Special Mother's Day Dinner [DR] 7:30 • Sunday Night Movie [TH] | 2:00 • Mini Bingo 25 Cents a Game [A] 4:30 • Happy Hour [BL] 5:00 • Dinner Out to Seminole Reef Grill 7:30 • Monday Night Movie [TH] |
|---|--|
| 9:00 • First United | 10:00 • Aquacise Flow Class |

8 19 Methodist Church 11:30 • Strong Body/Strong Mind with Charles 9:30 • Good Shepherd Church [ML] 12:00 Ball Toss Workout w/Charles [FC] 10:00 • St. Jude's Church 12:30 • Bible Study [LB] 11:00 • Alterations by Kim [A]

1:30

- 1:00 Discover Features on Your Cell 12:30 • Lunch Out to Mexican Toro Phone Class w/Patrick [TH] Mambo [ML] 2:00 • Mini Bingo 25 Cents a Game [A] 2:00 • Mangrove Bay Chorus 4:30 • Happy Hour [BL] 7:30 • Monday Night Movie [TH]
- Presents "Back Home Again in Indiana" [BL] 4:30 • Happy Hour [BL]
- 7:30 Sunday Night Movie [TH] 9:00 • First United
- Methodist Church [ML] 9:30 • Good Shepherd Church [ML]
- 10:00 St. Jude's Church 11:00 • Alterations by Kim [A]
- 12:30 Out to Jupiter Library 4:30 • Happy Hour [BL] 7:30 • Sunday Night Movie

[HT]

- 7:30 Monday Night Movie [TH]
- **Memorial Day** 10:00 • Aquacise Flow Class Strong Body/Strong Mind with Charles [FC] 12:00 Ball Toss Workout w/Charles [FC]
 - 12:30 Bible Study [LB] 2:00 • Mini Bingo 25 Cents a Game [A] 3:15 • Opera Lecture w/Soprano J. Pimienta [TH] 4:30 • Happy Hour [BL] 4:45 • Memorial Day Cook-In [DR]
- Chair Massage by Tamara [B] Blood Pressure Clinic by 11:00 LL@H [LL&H] 1:30 • Balance Class [FC] 3:00 • "Page Turners" Book Club 4:30 • Happy Hour w/Darrell Chambers [BL] 7:30 • Rummikub Games [C]

10:00 • Aquacise Flow Class [SP] 11:30 • Strong Body/ Strong Mind with Charles 10:30 [FC] 12:00 • Ball Toss Workout w/ Charles [FC] 1:00 Gene's Duplicate Bridge 1:00 • Mahjong Games [C]

Wednesday

RESIDENT

- 4:30 Happy Hour [BL] 7:30 • Wednesday Bingo Night [HT] 10:00 • Aquacise Flow
- 10:30 Team Trivia Class [SP] 11:30 • Strong Body/ 11:30 • Balance Class Strong Mind with Charles 1:00 • JMC Thrift Shop Pickup 1:30 • Hand & Foot Card Games
- 12:00 Ball Toss Workout w/ Charles [FC] Gene's Duplicate Bridge 1:00 • Mahjong Games [C]
- 4:30 Happy Hour [BL] 7:30 • Wednesday Bingo Night [TH]

10:00 • Aquacise Flow

11:30

- 10:30 Team Trivia Class [SP] 11:30 • Strong Body/ 11:30 • Balance Class Strong Mind with Charles [FC] 12:30 • Birthday Party Lunch [DR] 12:00 Ball Toss Workout w/Charles 1:30 • Hand & Foot Card Games
- 1:00 Gene's Duplicate Bridge [LR] 1:00 • Mahjong Games [C] 2:00 • Wildlife Around Us Program
- presented by Hobe Sound Nature Center [TH] 4:30 • Happy Hour [BL] 7:30 • Wednesday Bingo Night [TH]
- 10:00 Aquacise Flow 10:30 • Team Class [SP] ΖO Strong Body/ Strong Mind with Charles 11:30 • Balance Class [FC]
- 12:00 Ball Toss Workout w/ Charles [FC] 1:00 • Gene's Duplicate Bridge
- 1:00 Mahjong Games [C] 4:30 • Happy Hour [BL] 7:30 • Wednesday Bingo Night [HT]

- 10:30 Coast to Coast 9:30 • St. Judes' Catholic **Boutique Open** 10:00 • Aquacise Flow to Shop Team Trivia "20th Century 11:15 • Mangrove Bay Chorus w/ Discoveries" [TH] 1:00
- 11:30 Balance Class [FC] 1:30 • Hand & Foot Card Games
- 1:30 2:30 • Drama Club w/Actor 4:30 • Ryan's Show Special Tribute Instructor R. Forbes [TH] 4:30 • Happy Hour [BL] 7:30 • Movie Night

Station" Bananas Foster

[TH]

2:00 • Food Demo "Action

4:30 • Happy Hour [BL]

7:30 • Movie Night

[HT]

2:30 • Drama Club w/Actor

Trivia

"Discover

1:30 • Hand & Foot Card

4:30 • Happy Hour [BL]

7:30 • Movie Night

Games [C]

America" [TH]

4:30 • Happy Hour [BL]

7:30 • Movie Night

Instructor R. Forbes [TH]

w/Chef Billy [BL]

- 7:30 Cinema Night [TH] 9:30 • St. Judes' Catholic Service [TH] 10:00 • Aquacise Flow
- Class [SP] 11:15 • Mangrove Bay Chorus w/ Ryan [BL] 1:00 Canasta Cards w/Gene [LR]
- Mahjong Games Mid-Level Group w/Marilyn [C] Happy Hour w/Stone Silk [BL] 7:30 • Cinema Night [TH]

9:30 • St. Judes' Catholic

1:15 • Mangrove Bay Chorus w/

Canasta Cards w/Gene [LR]

Mahiong Games Mid-Level

Giorgio and Pianist Yolanda

Canasta Cards w/Gene [LR]

Mahjong Games Mid-Level

Group w/Marilyn [C]

Entertainer [BL]

Group w/Marilyn [C]

Happy Hour w/Violinist

Service [TH]

Class [SP]

Ryan [BL]

7:30 • Cinema Night [TH]

9:30 • St. Judes' Catholic

Class [SP]

Ryan [BL]

4:30 • Happy Hour Guest

7:30 • Cinema Night [TH]

1:15 • Mangrove Bay Chorus w/

10:00 Aquacise Flow

Service [TH]

10:00 • Aquacise Flow

1:00

4:30

1:30

- Canasta Card Games [LR] Watercolor Painting Class w/Art Teacher Diane [A] 4:30 • Happy Hour [BL]
 - 7:30 Saturday Night Bingo [TH]

10:15 • Fitness Class

- w/Charles 1:30 Gene's Canasta Card Games [LR]
- 1:30 Watercolor Painting Class w/Art Teacher Diane [A]
- 4:30 Happy Hour [BL] 7:30 • Saturday Night Bingo
- [HT]

10:15 • Fitness Class

- w/Charles 1:30 Gene's Canasta Card Games [LR]
- Watercolor Painting Class w/Art Teacher Diane [A]
- 4:30 Happy Hour [BL]
- 7:30 Saturday Night Bingo [TH]