Note from the Leadership Team:

July is for celebrating and honoring our nation and our heroes. We start off with America's Independance Day featuring a special 4th of July show with our own Mangrove Bay Chorus opening for Ryan Gill and Friends. We continue our patriotic theme with a performance from the Matthew Sabatella Duo. In our watercolor painting classes, we will be making cards for our local first responders. In our themed Team Trivia we are focusing on Nelson Mandela International Day honoring his legacy of social justice and equality. In our other themed Team Trivia we are learning more about our Mangrove Ecosystem!



Donna S. and John P. at Paint and Sip event!

Headline:

On Thursday July 31st, we have a special trip planned for this month, out to enjoy a relaxing lunch at the ever-so-popular Gallery Grille. Then a short walk to Tequesta's own Lighthouse ArtCenter to view their current exhibit "Roadside Reveries!" "Roadside Reveries" is a group exhibition examining recollections of Florida vacations, the altered states of travel, and the haunting beauty that can be found in unfamiliar places. Featuring 22 artists from across the U.S. with different connections to Florida.

Team Member Highlight: Wousvel Jean Jacques



Wousvel is a devoted husband from the beautiful island of Haiti. He is also a dedicated father to his sweet daughter. He loves children, animals and especially the elderly. Known for his kind heart and unwavering compassion, Wousvel is driven by a deep commitment to creating meaningful connections and ensuring that every individual experiences the warmth and love of a true family. Whether in his personal life or in his broader community, he strives to embody the values of care, presence and authenticity in everything he does.

Leadership Listing:

Craig Reinmuth, Executive Director
Danielle McEnry, Business Office Manager
Donna Marie Amy, Sales and Marketing
Evelyn Barbosa, Health & Wellness
Diane Minich, Resident Services
Marcia Aldridge, Resident Programs
Tamara Martin, IL Program Coordinator
Ann Malachowski, Dining Services
Billy Rainha, Executive Chef
Marie Diogene, Housekeeping
Don Weis, Building Operations

Your Life, Your Style, Your News

MANGROVE BAY INDEPENDENT LIVING
A Senior Lifestyle Community
Jupiter, FL

JULY 2025 Edition

Featured Events:

Mangrove Bay Chorus Opening Show Friday, July 4/4:00p - L

Special July 4th Happy Hour w/Ryan Gil & Friends Friday, July 4/4:30p - L

Comedy Show Featuring, from Queens NYC, Mike Parenti Friday, July 11/3:30p - T

Designing Thank You Cards for First Responders Saturday, July 12 & 19/1:30p - A

Team Trivia "Nelson Mandela International Day" Thursday, July 17/10:30a - T

Team Trivia "Mangrove Ecosystem" Thursday, July 24/10:30a - T



Matthew Sabatella duo will be performing Tuesday, July 8, 4:30pm at Mangrove Bays' Breakwater Lounge. The duo will feature traditional, Americana folk songs.

Meet Your Neighbor: Sylvia Jacobson



Sylvia was born and raised in Philadelphia. She was accepted at Yale University School of Art to major in painting. Later she switched major to sculpture with an interest of the human figure in action. She has a delightful collection of her sculptures and one of a dancing couple on display outside of her apartment. She met her husband who was also a Yalie in the Naval ROTC. They married 13 months and 13 days after they met, and Sylvia now lives in apartment 1302! Her lucky number is 13! Sylvia has three children, two grandsons, and six great grandchildren. Sylvia moved into Mangrove last October she enjoys Charles' and Tamara's fitness programs and has fun with new friends.

July 2025 Monthly Activities Independent Calendar Tuesday Sunday Monday Wednesday Thursday Friday Saturday 10:15 • Fitness Class **1**0:00 ● Monthly Independence Day 11:00 • Audiology 10:00 • Aquacise Flow **RESIDENT RESIDENT** 9:30 • St. Judes' Catholic Services by Dr. Class [SP] Resident w/Special **BIRTHDAYS BIRTHDAYS** Service [TH] M. Looney [C] 11:30 • Strong Body/ Meeting [TH] Guest 0:00 • Aquacise Flow Class 11:00 Blood Pressure Clinic by Strong Mind with Charles 10:30 🌘 Team Trivia [TH] 1:00 • Gene's Canasta Card Peter Herz 7/4 **Mary Lou Difazio** LL@H [LL&H] 1:15 • Cancelled Mangrove Bay Chorus Games [LR] 11:30 • Balance Class [FC] 11:30 • Balance Class [FC] **John Gibler 7/5** 12:00 Ball Toss Workout w/ w/Ryan [BL] **EXPLORE** 7/14 1:30 • Watercolor Painting 12:30 • Bridge Card Games 1:00 Charles [FC] Canasta Cards w/Gene [LR] Happy Hour w/Vocalist Class w/Art Teacher Pat Harrington 7/6 Kevyn Gardella 1:30 Mahjong Games Mid-Level Group Debbie Wallace [BL] Gene's Duplicate Bridge Diane [A] 1:30 • Hand & Foot Card w/Marilyn [C] 4:30 • Happy Hour w/Vocalist **Vicky Desjardins** 7/17 Mangrove Bay Chorus Opening 4:00 4:30 • Happy Hour [BL] Games [C] Debbie Wallace [BL] 1:00 • Mahjong Games [C] Show [BL] 7:30 • Saturday Night Bingo 4:30 • Happy Hour [BL] 7/12 Joe Underwood 7/19 7:30 • Rummikub Games [C] 4:30 • Happy Hour [BL] 4:30 • Special July 4th Happy Hour w/ Ryan and Friends [BL] 7:30 • Movie Night 7:30 • Wednesday Bingo Night 7:30 • Cinema Night [TH] [HT] 8 10:00 • Aquacise Flow 9:00 • First United 10:00 • Aquacise Flow Class 10:30 • Team Trivia 9:30 • St. Judes' Catholic 10:15 • Fitness Class **7** 11:00 Blood Service [TH] Methodist [HT] w/Charles Pressure 1:30 • Strong Body/Strong 10:00 • Aquacise Flow 11:30

Balance Class 11:30 • Strong Body/ Gene's Canasta Church [ML] Mind with Charles Clinic by Class [SP] Strong Mind with Charles Card Games [LR] 9:30 • Good Shepherd Church LL@H [LL&H] 1:15 • Cancelled Mangrove Bay [FC] 12:30 • Bridge Card Games [LR] 1:30 • Designing Thank You 12:00 • Ball Toss Workout w/Charles [FC] [ML] **MANGROVE** Chorus w/Ryan [BL] 11:30 • Balance Class [FC] 12:30 Bible Study [LB] 12:00 • Ball Toss Workout w/ Cards for First 1:30 • Hand & Foot Card Games 10:00 • St. Jude's Church Canasta Cards w/Gene [LR] BAY 1:00 • Watch Live Cameras Around the 4:30 • Happy Hour w/ Charles [FC] Responders w/Art 1:30 Mahjong Games Mid-Level 10:30 • Sunday Brunch [DR] Earth w/Patrick [TH] 1:00 • Gene's Duplicate Bridge 2:30 • Drama Club w/Actor Teacher Diane [A] Matthew Sabatella Group w/Marilyn [C] 2:00 • Mini Bingo 25 Cents a Game [A] 11:00 • Alterations by Kim [A] Instructor R. Forbes [TH] 4:30 • Happy Hour [BL] 3:30 Comedy Show Featuring Mike 4:30 • Happy Hour [BL] Duo [BL] 4:30 • Happy Hour [BL] 1:00 • Mahjong Games [C] 7:30 • Saturday Night Bingo [TH] 4:30 • Happy Hour [BL] Parenti 5:00 • Dinner Out to Hurricane Cafe in 7:30 • Rummikub Games 7:30 • Sunday Night Movie 4:30 • Happy Hour [BL] 4:30 • Happy Hour w/Singer Mr. Ron 7:30 • Movie Night 7:30 • Monday Night Movie [TH] [TH] 7:30 • Wednesday Bingo Night 7:30 • Cinema Night [TH] [HT] 10:00 • Aquacise Flow 10:30 • Team Trivia 9:30 • St. Judes' Catholic 9:00 • First United 10:00 • Aquacise Flow 11:00 Audiology 8 10:15 • Fitness Class 19 6 Class [SP] Class [SP] Service [TH] w/Charles Methodist "Nelson Services by 1:30 Strong Body/ 10:00 • Aquacise Flow Church [ML] Mandela 11:30 • Strong Body/ 1:00 • Gene's Canasta Dr. M. Looney _CONNECT Strong Mind with Class [SP] Strong Mind with Charles International Day" [TH] 9:30 • Good Shepherd Church Card Games [LR] Charles [FC] 11:15 • Mangrove Bay Chorus w/ CONTRIBUTE 11:30 • Balance Class [FC] 1:30 • Designing Thank You **Blood Pressure Clinic** 11:00 12:00 Ball Toss Workout w/Charles Ryan [BL] 10:00 • St. Jude's Church 12:00 Ball Toss Workout w/ 12:30 • Bridge Card Games [LR] Cards for First _FEEL by LL@H [LL&H] 1:00 Canasta Cards w/Gene [LR] Charles [FC] 1:00 • JMC Thrift Shop Pickup Responders w/Art 11:00 • Alterations by Kim [A] 12:30 • Garden Club [A] 11:30 • Balance Class [FC] 1:30 Mahjong Games Mid-Level _GROW Teacher Diane [A] 12:30 • Lunch Out to Waterway 12:30 • Bible Study [LB] 1:30 • Hand & Foot Card Games 1:00 • Gene's Duplicate Bridge [LR] Group w/Marilyn [C] 4:30 • Happy Hour w/Singer/ 2:00 • Mini Bingo 25 Cents a 4:30 • Happy Hour [BL] MOVE 1:00 • Mahjong Games [C] Happy Hour w/ Pianist Pianist Darrell Game [A] 7:30 • Saturday Night Bingo [TH] Happy Hour [BL] 4:30 • Happy Hour [BL] Yolanda and Violinist Giorgio 4:30 • Happy Hour [BL] _REFLECT Chambers [BL] 4:30 • Happy Hour [BL] 7:30 • Sunday Night Movie [TH] 7:30 • Movie Night 7:30 • Wednesday Bingo Night [TH] Rummikub Games [C] 7:30 7:30 • Monday Night Movie [TH] 7:30 • Cinema Night [TH] 9:30 • St. Judes' Catholic 10:00 • Aquacise Flow Class 9:00 • First United 10:00 • Aquacise Flow 10:30 • Team Trivia 10:15 • Fitness Class 11:00 Blood 26 Service [TH] Class [SP] "Mangrove Methodist w/Charles Pressure 11:30 Strong Body/Strong Ecosystem" [TH] 10:00 • Aquacise Flow Church [ML] Clinic by 11:30 • Strong Body/ 1:00 Gene's Mind with Charles Class [SP] 11:30
Balance Class [FC] 9:30 • Good Shepherd Church Strong Mind with Charles LL@H [LL&H] **Location Keys** Canasta Card Games I1:15 • Mangrove Bay Chorus w/ 12:00 • Ball Toss Workout w/Charles [FC] 11:30 • 12:30 Birthday Party Lunch [DR] Balance Class [FC] [LR] Ryan [BL] 12:30 • Bridge Card Games [LR] **Activity Room** 10:00 • St. Jude's Church 12:00 • Ball Toss Workout w/ 12:30 • Bible Study [LB] "Page Turners" Book 3:00 1:30 Watercolor Painting Canasta Cards w/Gene [LR] 1:00 • Latest Research "New Scams to 1:30 • Hand & Foot Card Games 11:00 • Alterations by Kim [A] Charles [FC] Club [TH] Class w/Art Teacher Mahiong Games Mid-Level Bar/Lounge be Aware Of" by Patrick [TH] Gene's Duplicate Bridge 2:00 • Chair Yoga Focus on 1:00 2:00 • Mini Bingo 25 Cents a Game [A] Group w/Marilyn [C] Diane [A] 4:30 • Happy Hour w/Pianist 2:30 • Drama Club w/Actor Forgiveness w/Tamara **Billiard Room** 4:30 • Happy Hour w/Guitarist/ 4:30 • Happy Hour [BL] Art Pearlman [BL] 4:30 • Happy Hour [BL] Instructor R. Forbes [TH] 1:00 • Mahjong Games [C] 7:30 • Monday Night Movie [TH] Singer Patrick McElhaney Card Room 7:30 • Rummikub Games [C] 4:30 • Happy Hour [BL] 7:30 • Saturday Night Bingo 4:30 • Happy Hour [BL] 4:30 • Happy Hour [BL] 7:30 • Movie Night 7:30 • Sunday Night Movie [TH] 7:30 • Wednesday Bingo Night 7:30 • Cinema Night [TH] **Dining Room** [HT] **Fitness Center** FC 9:00 • First United 10:00 • Aquacise Flow 10:00 • Complimentary 10:00 • Aquacise Flow 10:30 • Team Trivia [TH] **RESIDENT RESIDENT** Class [SP] 11:30 • Balance Class LL&H Office Chair Massage Class [SP] LL&H Methodist 11:30 • Strong Body/Strong **BIRTHDAYS BIRTHDAYS** by Tamara [B] 11:30 • Strong Body/ Church [ML] Library LB Mind with Charles 11:30 • Lunch Out to Gallery Grille & Blood Pressure Clinic by Strong Mind with Charles 11:00 9:30 • Good Shepherd Church Lee Miles 7/20 Anna Mae Sucansky Tour Lighthouse ArtCenter LL@H [LL&H] Living Room LR 12:00 • Ball Toss Workout w/Charles [ML] 11:30 • Balance Class [FC] 12:00 Ball Toss Workout w/ Joe Scarmuzzi 7/21 7/27 10:00 • St. Jude's Church 12:30 • Bridge Card Games [LR] Main Lobby ML 12:30 • Bible Study [LB] 4:30 • Happy Hour w/Singer/ Charles [FC] **Bob Smith 7/28** 11:00 • Alterations by Kim [A] 1:30 • Hand & Foot Card Games [C] Gene Paasch 7/24 SP 2:00 • Mini Bingo 25 Cents a Game [A] Instrumentalist Andrea Gene's Duplicate Bridge **Swimming Pool** 2:30 • Chef Billy's Summer 4:30 • Happy Hour [BL] 3:15 • Opera Lecture w/Soprano J. Tesaro [BL] Sally Marvin 7/29 Sensation Food Demo [BL] Lewis Schiller 7/24 TH Theater 7:30 • Sunday Night Movie Pimienta [TH] 1:00 • Mahjong Games [C] 7:30 • Rummikub Games [C] 4:30 • Happy Hour [BL] 4:30 • Happy Hour [BL] [TH] Ellen Heffes 7/30 4:30 • Happy Hour [BL] 7:30 • Movie Night 7:30 • Monday Night Movie [TH] 7:30 • Wednesday Bingo Night [HT]