#### Note from the Leadership Team:

August is known for being the "Dog Days of Summer" and we are in the thick of it here in South Florida. The theme for August is Experience Adventure and we are looking forward to a private tour of Loggerhead Marinelife Center in Juno Beach. Followed by lunch out to the always popular Hurricane Cafe! For our New Poetry Hour we are featuring "The Spirit of Adventure" with a focus on poems by Amelia Earhart, who knew she was poet too?! In our team trivia we will have questions on "Wild America" and "World Explorers"! Let the adventures begin, Mangrove Bay style!!



Residents enjoy dinner at Schooners' seafood restaurant a Jupiter landmark since 1984.

### Headline:

There are no official holidays in the month of August, but we find plenty to celebrate and enjoy here at Mangrove! Early in the month we have singer and celebrity impersonator Camille performing a Country Rock Show. Throughout the month we have all our favorite live performers coming in. With an extra Friday this month we are ending things with a Polka Party featuring "New to Mangrove" Ron Finn! We are also looking forward to Chef Billy's yummy food demo and sampling focusing on local seasonal produce!

## Team Member Highlight: Lamercie Osalvo



Lamercie has worked at Mangrove Bay since 2023 in the housekeeping department. She is originally from the island of Haiti. Lamercie has four daughters that keep her very busy. She loves children, cooking, and strives to represent the values of care and authenticity in everything she does. Marie Diogene, Lamercie's immediate supervisor, says she is an essential part of the housekeeping team. She is always willing to help whenever asked no matter what the task is and is willing to learn new things all with a beautiful smile. She has a great rapport with the residents, all her coworkers and managers.

#### Leadership Listing:

Craig Reinmuth, Executive Director
Danielle McEnry, Business Office Manager
Donna Marie Amy, Sales and Marketing
Evelyn Barbosa, Health & Wellness
Diane Minich, Resident Services
Marcia Aldridge, Resident Programs
Tamara Martin, IL Program Coordinator
Ann Malachowski, Dining Services
Billy Rainha, Executive Chef
Marie Diogene, Housekeeping
Don Weis, Building Operations

# Your Life, Your Style, Your News

MANGROVE BAY INDEPENDENT LIVING
A Senior Lifestyle Community
Jupiter, FL

**AUGUST 2025 Edition** 

#### Featured Events:

Outing to Allora NPB Italian Restaurant Monday, August 4/5:00p - ML

Happy Hour w/Country Rock Vocalist Camille Friday, August 8/4:30p

Private Tour of Loggerhead Marinelife Center Sunday, August 10/12:30p

Outing to Hurricane Cafe for Lunch Friday, August 10/1:30p

Poetry Hour "Spirit of Adventure" Amelia Earhart Poems Tuesday, August 12/2:00p

Chef Billy's Food Demo Based on Seasonal Produce Thursday, August 21/1:15p



Ron Finn, Multi-Instrumentalist and Vocalist Performs Lively Polka Party Music Friday August 29 at 4:30pm

# Meet Your Neighbor: John Allan Krul



Our new resident Allan Krul moved into Mangrove Bay from Sun City West, Arizona. Originally from Pittsburgh, Pennsylvania Allan is a Mechanical Engineer graduate from Penn State. Allan worked for Westinghouse Nuclear Power Division and later Hardinge Inc., a manufacturer of super precision machine tools. Allan enjoys boating, fishing, golf and walks the Riverwalk regularly and is looking forward to getting more involved with Mangrove's weekly fitness schedules. Allan's son lives locally in Jupiter along with his four grandchildren and visits frequently. Together they enjoy Mangrove Bay's beautiful location and the variety of amenities it has to offer.

August 2025 Independent Calendar						Month	ly Activities
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EXPLORE BY SENIOR LIFESTYLE	9:00 • First United Methodist Church [ML] 9:30 • Good Shepherd Church [ML] 10:00 • St. Jude's Church 11:00 • Alterations by Kim [A] 12:30 • Out for Chinese Food at "The Golden Pavillion [ML] 4:30 • Happy Hour [BL] 7:30 • Sunday Night Movie [TH]	RESIDENT BIRTHDAYS Paul Holtzman 8/1 Joyce Harrison 8/2 Dottie McAlenney 8/5 Cynthia Feibel 8/5 Werner Lange 8/8	RESIDENT BIRTHDAYS Allan Krul 8/9 Diane Contino 8/11 Maryann Zanowic 8/12 Tae Lee 8/14 Joy McCabe 8/18	RESIDENT BIRTHDAYS Beatrice "Bea" Boyette 8/20 Jon Mohler 8/29 Beverly Cowan 8/29 Marie "Mary" Hayman 8/30	1 1 1 1 1	9:30 St. Judes' Catholic Service [TH] 0:00 Aquacise Flow Class [SP] 1:00 Janie's Trunk Show Resort Clothing/Accessories [LR] 1:15 Mangrove Bay Chorus w/Ryan [BL] 1:00 Canasta Cards w/Gene [LR] 1:30 Mahjong Games Mid-Level Group w/Marilyn [C] 4:30 Happy Hour w/Vocalist Mr. Ron [BL] 7:30 Cinema Night [TH]	10:15 • Fitness Class w/Charles 2  1:00 • Gene's Canasta Card Games [LR]  1:30 • Watercolor Painting Class w/Art Teacher Diane [A]  4:30 • Happy Hour [BL]  7:30 • Saturday Night Bingo [TH]
MANGROVE BAY  a Senior Lifestyle community	9:00 First United Methodist Church [ML] 9:30 Good Shepherd Church [ML] 10:00 St. Jude's Church 10:30 Sunday Brunch [DR] 11:00 Alterations by Kim [A] 2:00 Chair Yoga & Meditation w/Tamara [FC] 4:30 Happy Hour [BL] 7:30 Sunday Night Movie [TH]	[SP] 11:30 Strong Body/Strong Mind with Charles [FC] 12:00 Ball Toss Workout w/Charles [FC] 12:30 Bible Study [LB] 1:00 "Bring Your Devices" Computer	11:00 • Audiology Services by Dr. M. Looney [C] 11:00 Blood Pressure Clinic by LL@H [LL&H] 11:30 • Balance Class [FC] 4:30 Happy Hour w/Vocalist Debbie Wallace [BL] 7:30 • Rummikub Games [C]	10:00 • Aquacise Flow Class [SP]  11:30 • Strong Body/ Strong Mind with Charles [FC]  12:00 • Ball Toss Workout w/Charles [FC]  12:30 • Garden Club [A]  1:00 • Gene's Duplicate Bridge [LR]  1:00 • Mahjong Games [C]  4:30 • Happy Hour [BL]  7:30 • Wednesday Bingo Night [TH]	Meeting [TH] 10:30 • Team Trivia [TH] 1 11:30 • Balance Class [FC] 12:30 • Bridge Card Games [LR] 1 1:30 • Hand & Foot Card Games [C] 2:30 • Talk/Power Point "Food Labeling" by Craig S. Nutrition Specialist 4:30 • Happy Hour [BL] 7:30 • Movie Night	9:30 St. Judes' Catholic Service [TH] 0:00 Aquacise Flow Class [SP] 1:15 Mangrove Bay Chorus w/Ryan [BL] 1:00 Canasta Cards w/Gene [LR] 1:30 Mahjong Games Mid-Level Group w/Marilyn [C] 2:00 "Golden Oldie" Movie Matinee' 4:30 Happy Hour w/Country Rock Vocalist Camille [BL] 7:30 Cinema Night [TH]	10:15 • Fitness Class w/Charles  1:00 • Gene's Canasta Card Games [LR]  1:30 • Watercolor Painting Class w/Art Teacher Diane [A]  4:30 • Happy Hour [BL]  7:30 • Saturday Night Bingo [TH]
<ul><li>_CONNECT</li><li>_CONTRIBUTE</li><li>_FEEL</li><li>_GROW</li><li>_MOVE</li><li>_REFLECT</li></ul>	9:00 First United Methodist Church [ML]  9:30 Good Shepherd Church [ML]  10:00 St. Jude's Church  11:00 Alterations by Kim [A]  12:30 Tour Loggerhead Marinelife Center w/ Charles [ML]  1:45 Lunch Out to Hurricane Cafe  4:30 Happy Hour [BL]  7:30 Sunday Night Movie [TH]	10:00 • Aquacise Flow Class [SP] 11:30 • Strong Body/ Strong Mind with Charles [FC] 12:00 • Ball Toss Workout w/ Charles [FC] 12:30 • Bible Study [LB] 2:00 • Mini Bingo 25 Cents a Game [A] 4:30 • Happy Hour [BL] 7:30 • Monday Night Movie [TH]	Clinic by LL@H	10:00 • Aquacise Flow Class [SP]  11:30 • Strong Body/ Strong Mind with Charles [FC]  12:00 • Ball Toss Workout w/ Charles [FC]  1:00 • Gene's Duplicate Bridge [LR]  1:00 • Mahjong Games [C]  4:30 • Happy Hour [BL]  7:30 • Wednesday Bingo Night [TH]	"Wild America" [TH]  11:30 • Balance Class [FC]  12:30 • Bridge Card Games [LR]  1:30 • Hand & Foot Card Games [C]  2:30 • Drama Club w/Actor Instructor R. Forbes [TH]  4:30 • Happy Hour [BL]	9:30 St. Judes' Catholic Service [TH] 0:00 Aquacise Flow Class [SP] 1:15 Mangrove Bay Chorus w/ Ryan [BL] 1:00 Canasta Cards w/Gene [LR] 1:30 Mahjong Games Mid-Level Group w/Marilyn [C] 4:30 Happy Hour w/Stone Silk Singer [BL] 7:30 Cinema Night [TH]	10:15 • Fitness Class w/Charles 11:00 • Lunch at "The Restaurant" and Tour The Norton [LA] 1:00 • Gene's Canasta Card Games [LR] 1:30 • Watercolor Painting Class w/Art Teacher Diane [A] 4:30 • Happy Hour [BL] 7:30 • Saturday Night Bingo [TH]
Location Keys  Activity Room A Bar/Lounge BL Billiard Room B Card Room C Dining Room DR Fitness Center FC	9:00 First United Methodist Church [ML] 9:30 Good Shepherd Church [ML] 10:00 St. Jude's Church 11:00 Alterations by Kim [A] 2:00 Chair Yoga & Meditation w/Tamara [FC] 4:30 Happy Hour [BL] 7:30 Sunday Night Movie [TH]	Class [SP]  11:30 Strong Body/ Strong Mind with Charles [FC]  12:00 Ball Toss Workout w/Charles [FC]	11:00 • Audiology Services by Dr. M. Looney [C] 11:00 Blood Pressure Clinic by LL@H [LL&H] 11:30 • Balance Class [FC] 4:30 • Happy Hour w/Pianist Arthur Pearlstein [BL] 7:30 • Rummikub Games [C]	10:00 • Aquacise Flow Class [SP]  11:30 • Strong Body/ Strong Mind with Charles [FC]  12:00 • Ball Toss Workout w/Charles [FC]  12:30 • Garden Club [A]  1:00 • Gene's Duplicate Bridge [LR]  1:00 • Mahjong Games [C]  4:30 • Happy Hour [BL]  7:30 • Wednesday Bingo Night [TH]	[TH]  11:30 • Balance Class [FC]  12:30 • Bridge Card Games [LR]  1:00 • JMC Thrift Shop Pickup  1:15 • Chef Billy's Food Demo and Sampling [BL]  1:30 • Hand & Foot Card Games [C]  4:30 • Happy Hour [RL]	9:30 St. Judes' Catholic Service [TH] 0:00 Aquacise Flow Class [SP] 1:15 Mangrove Bay Chorus w/Ryan [BL] 1:30 Mahjong Games Mid-Level Group w/Marilyn [C] 2:00 "Golden Oldie" Movie Matinee' 4:30 Happy Hour w/ Vocalist/Musician Andrea Tesoro [BL] 7:30 Cinema Night [TH]	10:15 • Fitness Class w/Charles 23  1:00 • Gene's Canasta Card Games [LR]  1:30 • Watercolor Painting Class w/Art Teacher Diane [A]  4:30 • Happy Hour [BL]  7:30 • Saturday Night Bingo [TH]
LL&H Office Library Living Room LR Lobby Area Main Lobby Swimming Pool Theater  LL&H LB LL&H LB LW LB LR LA LA LA LA TA TH	9:00 • First United Methodist Church [ML] 9:30 • Good Shepherd Church [ML] 10:00 • St. Jude's Church 11:00 • Alterations by Kim [A] 4:30 • Happy Hour [BL] 7:30 • Sunday Night Movie [TH]	Class [SP] 11:30 Strong Body/Strong Mind with Charles [FC] 12:00 Ball Toss Workout w/Charles	10:00 • Complimentary Chair Massage by Tamara [B]  11:00 Blood Pressure Clinic by LL@H [LL&H]  11:30 • Balance Class [FC]  3:00 • "Page Turners" Book Club [TH]  4:30 • Happy Hour w/Steve and Ronda - [BL]  7:30 • Rummikub Games [C]	10:00 • Aquacise Flow Class [SP]  11:30 • Strong Body/ Strong Mind with Charles [FC]  12:00 • Ball Toss Workout w/ Charles [FC]  1:00 • Gene's Duplicate Bridge [LR]  1:00 • Mahjong Games [C]  4:30 • Happy Hour [BL]  7:30 • Wednesday Bingo Night [TH]	"World Explorers" [TH]  11:30	9:30 St. Judes' Catholic Service [TH] 0:00 Aquacise Flow Class [SP] 1:15 Mangrove Bay Chorus w/ Ryan [BL] 1:00 Canasta Cards w/Gene [LR] 1:30 Mahjong Games Mid-Level Group w/Marilyn [C] 4:30 Polka Party w/ Live Music by Ron Finn [BL] 7:30 Cinema Night [TH]	10:15 • Fitness Class w/Charles 1:00 • Gene's Canasta Card Games [LR] 1:30 • Watercolor Painting Class w/Art Teacher Diane [A] 4:30 • Happy Hour [BL] 7:30 • Saturday Night Bingo [TH]