#### Note from the Leadership Team:

October is here and we are heading into our always busy holiday season. Hispanic Day is this month, and we will celebrate with a special sangria drink Ole'! Oktoberfest is next and it will be fun learning what it is all about. Next there will be an investigation of Christopher Columbus as a person and his many ocean voyages. On Tuesday, October 21 we will be going to the Trinity Church Pumpkin Patch in Palm Beach Gardens where the church grounds are transformed into a fall festival featuring row upon row of pumpkins. We will be buying gourds and pumpkins to make Halloween/fall decorations. Let the fun begin!!



Halloween Masquerade Party Friday, October 31 at 3:00pm all are welcome!

## Headline:

Spirit week 2025 and SeniorLife Style Corporation's 40th Anniversary will run Oct. 27th through Oct. 31st. Monday will be a throwback to the 80's, this is when SLC was founded, dress as you did in 1980. Tuesday throw on your favorite sport's team jersey. Wednesday heart to heart wear red or something with hearts. Thursday is SLC birthday celebration with a champagne toast at happy hour. Spirit week ends with a Halloween Masquerade celebration Friday, Oct. 31st. with music, food, prizes and loads of fun!

## 7eam Member Highlight:



Virginie is a Licensed Practical Nurse. She has been working as a nurse at Mangrove Bay in the Assisted Living and Memory Care Communities since 2019. Virginie is originally from Haiti moved to Montreal, Canada and lived there for seven years. In 1996, she moved to the US and has been here ever since. Virginie is married, her husband's name is Harry, and they have a son Aidan. Jinah, MCD & Evelyn, Director of Nursing work very closely with her. Jinah, stated: "Virginie is an excellent nurse. She is very passionate about her work and her residents' well-being. We enjoy working and having her here with us."

#### Leadership Listing:

Craig Reinmuth, Executive Director
Danielle McEnry, Business Office Manager
Donna Marie Amy, Sales and Marketing
Evelyn Barbosa, Health & Wellness
Diane Minich, Resident Services
Marcia Aldridge, Resident Programs
Alma Marz, Assisted Living Coordinator
Ann Malachowski, Dining Services
Billy Rainha, Executive Chef
Marie Diogene, Housekeeping
Don Weis, Building Operations

# Your Life, Your Style, Your News

Mangrove Bay Assisted Living
A Senior Lifestyle Community
Jupiter, FL

**OCTOBER 2025 EDITION** 

#### Featured Events:

Yom Kippur Service 4:00pm Wed., Oct. 1, dinner on Thursday, Oct. 2, 5:00pm

Christopher Columbus Personal Life and his Voyages Trivia, Monday, Oct. 13, 11:30am

Chef Billy's Seasonal Food Demo Thursday, October 16, 1:30pm

Annual Trip to Trinity Church Pumpkin Patch Tuesday, Oct. 21, 1:30pm

SeniorLife Style Corporations' 40th birthday party will be on Thursday, October 30, 2:45pm

Halloween Masquerade party with costume and door decor prizes, Friday, Oct. 31, 4:30pm



Everyone loves going out to Dune Dog Cafe's to eat their tasty hot dogs!

# Meet Your Neighbor Patricia Powers



Pat grew up in Sioux Falls, South Dakota and attended Cathedral High School in Indianapolis, Indiana! She graduated from Augustana College which is a top tier ranked American learning institute located along the Mississippi River in Rock Island, III. Pat taught on an Indian reservation in Wyoming. She met her husband Ed, and they had four children. After living in the New York/Washington,DC area the family settled in St. Louis. Pat loves to travel and enjoys meeting new people from all cultures. At Mangrove Bay Pat enjoys art classes, especially the weekly watercolor painting group. Pat makes it a point to welcome all new residents and that is why she is known as the mayor of the assisted living community!

October 2025 Assisted Living Calendar							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EXPLORE BY SENIOR LIFESTYLE	RESIDENT BIRTHDAYS Patricia P. 10/7 Christine K. 10/10	RESIDENT BIRTHDAYS Patricia R. 10/24 Irene T. 10/26 Elaine D. 10/29		9:45 • Guided Garden Walk [LA]  10:30 • Tai Chi Class w/ Connie  11:30  Memory Lane Travel A-Z [A]  2:00  Jewelry Making Class w/ Ellen & Friends  3:30 • Level One Independent Rummikub Team Players [TH]  4:00 • Yom Kippur Service  6:15 • Resident Movie Request [3FL]	Strength for Full Life Program w/ Alma [TH]  11:00 "Discovery Zone" Update Daily News [TH] 2:00 Book Club & Knitting Club 3:00 Watercolor Painting Class w/Instructor Diane [TH]	10:30 • Mangrove Bay Chorus w/Ryan [LA] 11:30 • Pictionary Fun! [TH] 2:00 • Choose Your Game Uno o Scrabble [TH] 3:00 • Happy Hour w/ Mr. Ron Entertaining 4:15 • Charades Team Trivia: Heads Up Words! [LA] 6:30 • Discovery Channel Experience [3FL]	10:00 Floral Arranging Class w/ Pat and Friends [TH]  11:00 Chair Exercise Class [TH]  1:30 Bingo Extravaganza [LA]  3:00 Uno! for Everyone [TH]  6:30 Movie Night [TH]
MANGROVE BAY  a Senior Lifestyle community	10:00 News Flash! [TH] 10:30 Catholic Church Service [TH] 11:30 Sunday Morning Stretch [TH] 2:00 Sunday Afternoon Piano w/ Karen Sucher 3:00 Go Fish Go Fish [TH] 6:30 Sunday Night Movie [TH]	10:00 News and Chews [TH]  11:00 Bodies in Motion w/Dominique [TH]  11:30 Reminiscing about Movie Stars [TH]  1:30 Rummikub Tile Games  2:00 Juggle with Scarves [TH]  3:30 UNO Card Game [TH]  6:30 Millon Dollar Movie [A]	9:45 Opening Prayer w/ Deacon Les [TH] 10:30 Stretch & Mobilize Class [TH] 11:30 Residents' Password Game [TH] 1:30 Independent Card & Puzzle Games! 2:00 Pumpkin Patch Game 3:30 5 Crown Card Games [TH] 6:30 Classic Movie Night [3FL]	9:45 • Guided Garden Walk [LA]  10:00 • Positive Quote of the Day [TH]  10:30 • Tai Chi Class w/Connie  11:30 • Joys and Concerns Committee [TH]  11:30 * Memory Lane Travel A-Z [A]  2:00 • Gardening/Restoring our Plants [A]  3:30 • Level One Independent Rummikub Team Players [TH]  6:15 • Resident Movie Request [3FL]	Strength for Full Life Program w/ Alma [TH]  11:30 • Christopher Columbus Voyages/History  2:00 • Book Club & Knitting Club [A]  3:00 • Watercolor Painting Class w/Instructor Diane [TH]	Chorus w/Ryan [LA] 11:30 • Word Pictures [TH]	10:00 • Floral Arranging Class w/ Pat and Friends [TH]  11:00 • Chair Exercise Class [TH]  1:00 • Jamie's Dog Therapy Visit [LA]  1:30 • Bingo Extravaganza [LA]  3:00 • Uno! for Everyone [TH]  6:30 • Movie Night [TH]
*Brain Health University  *Diversity Event  _CONNECT  _CONTRIBUTE  _FEEL  _GROW  _MOVE  _REFLECT	10:00 News Flash! [TH] 10:30 Catholic Church Service [TH] 11:30 Sunday Morning Stretch [TH] 2:00 Sunday Afternoon Piano w/Chris Stone 3:00 Go Fish Go Fish [TH] 6:30 Sunday Night Movie [TH]	Columbus Day  10:00 News and Chews [TH]  11:00 Bodies in Motion w/Dominique [TH]  11:30 Christopher Columbus Day Trivia [TH]  1:30 Rummikub Tile Games  2:00 Juggle with Scarves [TH]  3:30 UNO Card Game [TH]  6:30 Millon Dollar Movie [A]	9:45 Opening Prayer w/ Deacon Les [TH] 10:30 Stretch & Mobilize Class [TH] 11:30 Residents' Password Game [TH] 2:00 Independent Card & Puzzle Games! [A] 3:00 Happy Hour w/Guitarist/ Vocalist Jeff Saks 6:30 Classic Movie Night [3FL]	9:45 • Guided Garden Walk [LA] 10:30 • Kaitlyn's Yoga Class [TH] 11:30 • International Touring on the Map [TH] 2:00 • Painting & Crafting Club 3:30 • Level One Independent Rummikub Team Players [TH] 6:15 • Resident Movie Request [3FL]	10:00 • Certified Strength for Full Life Program w/Alma [TH] 11:30 • "Charades" Game [TH] 1:30 • Chef Billy - Food Demo 3:00 • Watercolor Painting Class w/Instructor Diane [TH] 6:30 • Foreign Film Fest [3FL]	Ryan TODAY [LA]  11:30 • Pictionary Fun! [TH] 2:00 • Choose Your Game Uno o Scrabble [TH] 3:00 • Happy Hour w/Vocalist Stone Silk  4:15 • Charades Team Trivia:	10:00 • Floral Arranging Class w/ Pat and Friends [TH] 11:00 • Chair Exercise Class [TH] 1:30 • Bingo Extravaganza [LA] 3:00 • Happy Hour w/ Singer & Dancer Greg Conlon [LA] 6:30 • Movie Night [TH]
Location Keys  Activity Room A Dining Room DR Lobby Area LA Theater TH Third Floor 3FL	10:00 News Flash! T9  10:30 Catholic Church Service [TH]  11:30 Sunday Morning Stretch [TH]  2:00 Sunday Afternoon Piano w/Art Pearlstein  3:00 Go Fish Go Fish [TH]  6:30 Sunday Night Movie [TH]	10:00 News and Chews [TH] 20 11:00 Bodies in Motion w/Dominique [TH] 11:30 Test Your Knowledge Trivia [TH] 1:30 Rummikub Tile Games 2:00 Juggle with Scarves [TH] 3:30 UNO Card Game [TH] 6:30 Millon Dollar Movie [A]	[TH] 11:30 • Residents' Password Game [TH] 1:30 • Bus Trip Out - Pumpkin Patch Outing 3:30 • 5 Crown Card Games [TH] 6:30 • Classic Movie Night [3FL]	Walk [LA] 10:00 Positive Quote of the Day [TH] 10:30 Tai Chi Class w/Connie 11:30 Memory Lane Travel A-Z [A] 2:00 Jewelry Making Class w/Ellen & Friends [A] 3:30 Level One Independent Rummikub Team Players [TH] 6:15 Resident Movie Request [3FL]	Strength for Full Life Program w/ Alma [TH]  11:30 • "Charades" Game [TH] 2:00 • Book Club & Knitting Club 3:00 • Watercolor Painting Class w/Instructor Diane [TH] 6:30 • Foreign Film Fest [3FL]	10:30 • Mangrove Bay Chorus w/Ryan [LA] 11:30 • Word Pictures [TH] 2:00 • Choose Your Game Uno o Scrabble [TH] 3:00 • Happy Hour w/Pianist Chris Stone 4:15 • Charades Team Trivia: Heads Up Words! [LA] 6:30 • Discovery Channel Experience [3FL]	Arranging 25 Class w/ Pat
	10:00 News Flash! [TH] 10:30 Catholic Church Service [TH] 11:30 Sunday Morning Stretch [TH] 2:00 Afternoon Piano Concert w/Chris Stone 2:00 Sunday Afternoon Piano w/Chris Stone 3:00 Go Fish Go Fish [TH] 6:30 Sunday Night Movie [TH]	1980's Throwback 10:00 News and Chews [TH] 11:00 Bodies in Motion w/Dominique [TH] 1:30 Rummikub Tile Games 2:00 Juggle with Scarves [TH] 3:30 UNO Card Game [TH] 6:30 Millon Dollar Movie [A]	Sport Apparel Day 9:45 • Opening Prayer w/ Deacon Les [TH] 10:30 • Stretch & Mobilize Class [TH] 11:30 • Residents' Password Game [TH] 1:30 • Bus Trip out the Dollar Store 3:30 • 5 Crown Card Games [TH] 6:30 • Classic Movie Night [3FL]	Heart to Heart  9:45 • Guided Garden Walk [LA]  10:30 • Tai Chi Class w/ Connie  11:30 * Memory Lane Travel A-Z [A]  2:00 • Baking HEART Shape Pumpkin Cookies  3:30 • Level One Independent Rummikub Team Players [TH]  6:15 • Resident Movie Request [3FL]	Alma [TH]  10:00 Positive Quote of the Day  11:30 Guess/Gestures  2:00 Book Club & Knitting Club [A]  2:00 Book Club & Knitting Club  2:45 Raise a Toast to SLC 40th  Birthday Party!	Halloween  10:30 Mangrove Bay Chorus w/Ryan [LA]  11:30 Halloween Mix-up Words [A]  2:00 Halloween Costume Preparation [A]  3:00 Wicked Halloween Masquerade Party  4:15 Halloween Costume Award Ceremony! [LA]  6:30 Discovery Channel Experience [3FL]	