#### Note from the Leadership Team:

October is here and we are heading into our always busy holiday season. Hispanic Day is this month, and we will celebrate with a special sangria drink Ole'! Oktoberfest is next and we will be learning what it is all about and enjoy some German beer samplings in a researched class by Patrick, Mangrove's computer specialist on Monday, October 6. An outing to the Schnitzel Haus for authentic German food will further our Oktoberfest festivities. We will be investigating Christopher Columbus as a person and his many ocean voyages and explorations in our team trivia. Let the fun begin!!



Chef Billy's food demo one of Mangrove's favorite activities. Next one Thursday, Oct.16, 2:30pm in the Activity room.

### Headlines:

Spirit week 2025 and SeniorLife Style
Corporation's 40th Anniversary will run Oct. 27th
through Oct. 31st. Monday will be a throwback to
the 80's, this is when SLC was founded, dress as
you did in 1980. Tuesday throw on your favorite
sport's team jersey. Wednesday heart to heart
wear red or something with hearts. Thursday is
SLC birthday celebration with a champagne toast
at happy hour. Spirit week end's with
a Halloween Masquerade celebration Friday, Oct.
31st with music, food, prizes and loads of fun!

## 7eam Member Highlight: Virginie Rabel



Virginie is a Licensed Practical Nurse. She has been working as a nurse at Mangrove Bay in the Assisted Living and Memory Care Communities since 2019. Virginie is originally from Haiti moved to Montreal, Canada and lived there for seven years. In 1996, she moved to the US and has been here ever since. Virginie is married, her husband's name is Harry, and they have a son Aidan. Jinah, MCD & Evelyn, Director of Nursing work very closely with her. Jinah, stated: "Virginie is an excellent nurse. She is very passionate about her work and her residents' well-being. We enjoy working and having her here with us."

#### Leadership Listing:

Craig Reinmuth, Executive Director
Danielle McEnry, Business Office Manager
Donna Marie Amy, Sales and Marketing
Evelyn Barbosa, Health & Wellness
Diane Minich, Resident Services
Marcia Aldridge, Resident Programs
Tamara Martin, IL Program Coordinator
Ann Malachowski, Dining Services
Billy Rainha, Executive Chef
Marie Diogene, Housekeeping
Don Weis, Building Operations

# Your Life, Your Style, Your News

MANGROVE BAY INDEPENDENT LIVING
A Senior Lifestyle Community
Jupiter, FL

OCTOBER 2025 Edition

#### Featured Events:

Yom Kippur Service 4:00pm Wed., Oct. 1, dinner on Thursday, Oct. 2, 4:45pm

"The Inca Trail" Slide Show & Talk by Pilgrim Maria Tuesday, Oct. 7 2:00pm

Poetry from the "Heart" Tuesday, Oct. 14, 2:00pm w/Tamara - Activity Room

Chef Billy's Seasonal Food Demo Thursday, October 16, 2:30pm

Halloween Masquerade party with costume and door decor prizes, Friday, Oct. 31, 4:30pm

See inside calendar for more information



A "fab" time at Mangrove's polka party!

## Meet Your Neighbor: Jean Bronson Mahoney



Born and raised in NYC and CT. Jean graduated from Vassar, worked briefly at The **New Yorker Magazine and married Dan** Mahoney. They moved to Dayton, OH, had three children and Jean did community work, played tennis, enjoyed their ranch in Idaho and was a Councilwoman in Kettering, Ohio. They moved to Florida when Dan became publisher of The Palm Beach Post. Jean was elected to a bank board and a grievance committee of the Florida Bar Association. She joined the local board of Planned Parenthood as it evolved. which led to her election to the PPFA National Board during the Reagan admin., a very controversial time for their issues. She subsequently was elected to the Smithsonian National Board for the most interesting and enjoyable time ever spent as a volunteer. She adores her 8 Grands and 8 Greats. Now home is Mangrove Bay with Frisky, enjoying exercise classes with Charles and making noise with Ryan and the Chorus. Bless their tolerance!

| October 2025 IL  Monthly Activities  |  |  |   |   |   |   |   |
|--|--|--|---|---|---|---|---|
|  | Sunday   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday  |
| EXPLORE BY SENIOR LIFESTYLE  | RESIDENT BIRTHDAYS Lura Meyers 10/1 Frances Clark 10/4 Judy Tatoul 10/5  | RESIDENT BIRTHDAYS Virginia Witt 10/12 Gail Ring 10/13 Joyce Armbruster 10/17  | RESIDENT BIRTHDAYS Lucille Winters 10/17 Sylvia Jacobson 10/28  | 10:00 • Aquacise Flow Class [SP] 11:30 • Strong Body/ Strong Mind with Charles [FC] 1:00 • Gene's Duplicate Bridge [LR] 1:00 • Mahjong Games [C] 4:00 • Yom Kippur Service 4:30 • Happy Hour [BL] 7:30 • Wednesday Bingo Night [TH] | 10:00 • Monthly Resident Meeting [TH]  10:30 • Team Trivia [TH]  11:30 • Balance Class [FC]  12:30 • Bridge Card Games [LR]  1:30 • Hand & Foot Card Games [C]  4:30 • Happy Hour [BL]  4:45 • Break the Fast of Yom Kippur Dinner [DR]  7:30 • Movie Night   | 9:30 St. Judes' Catholic Service [TH] 10:00 Aquacise Flow Class [SP] 11:15 Mangrove Bay Chorus w/ Ryan [BL] 1:00 Canasta Cards w/Gene [LR] 1:30 Mahjong Games Mid-Level Group w/Marilyn [C] 4:30 Happy Hour with "Mr. Ron" [BL] 7:30 Cinema Night [TH]  | 10:15 • Fitness Class w/Charles  1:00 • Gene's Canasta Card Games [LR]  1:30 • Watercolor Painting Class w/Art Teacher Diane [A]  4:30 • Happy Hour [BL]  7:30 • Saturday Night Bingo [TH]  |
| MANGROVE<br>BAY<br>a Senior Lifestyle community  | 9:00 First United Methodist Church [ML] 9:30 Good Shepherd Church [ML] 10:00 St. Jude's Church 10:30 Sunday Brunch [DR] 11:00 Alterations by Kim [A] 4:30 Happy Hour [BL] 7:30 Sunday Night Movie [TH]                           | 10:00 • Aquacise Flow Class [SP]  11:30 • Strong Body/ Strong Mind with Charles [FC]  12:30 • Bible Study [LB]  1:00 • Oktoberfest What's it all About w/Beer Tastings computer research w/Patrick [TH]  2:00 • Mini Bingo 25 Cents a Game [A]  4:30 • Happy Hour [BL]  7:30 • Monday Night Movie [TH]                                       | 11:00 • Audiology Services by Dr. M. Looney [C] 11:00 Blood Pressure Clinic by LL@H [LL&H] 11:30 • Balance Class [FC] 2:00 ** "The Inca Trail" Slide Show and Talk by Pilgrim Maria [A] 4:30 Happy Hour w/Vocalist Debbie Wallace [BL] 5:00 • Dinner Outing to the Schnitzel House [ML] 7:30 • Rummikub Games [C] | Class [SP]  11:30 Strong Body/ Strong Mind with Charles [FC]  | 10:30 • Team Trivia: Christopher Columbus the Person and his Voyages [TH] 11:30 • Balance Class [FC] 12:30 • Bridge Card Games [LR] 1:30 • Hand & Foot Card Games [C] 2:00 • Ice Cream Social Survey w/ Diane M. [BL] 2:30 • Drama Club w/Actor Instructor R. Forbes [TH] 4:30 • Happy Hour [BL] 7:30 • Movie Night | 9:30 • St. Judes' Catholic Service [TH]  10:00 • Aquacise Flow Class [SP]  11:15 • Mangrove Bay Chorus w/ Ryan [BL] 1:00 Canasta Cards w/Gene [LR] 1:30 • Mahjong Games Mid-Level Group w/Marilyn [C] 4:30 • Happy Hour w/Singer Ryan Gil and Friends [BL] 7:30 • Cinema Night [TH]                               | 10:15 • Fitness Class w/Charles  11:00 Outing to Seminole Casino Coconut Creek  1:00 • Gene's Canasta Card Games [LR]  1:30 • Watercolor Painting Class w/Art Teacher Diane [A]  4:30 • Happy Hour [BL]  7:30 • Saturday Night Bingo [TH] |
| *Diversity Event     _CONNECT     _CONTRIBUTE     _FEEL     _GROW     _MOVE     _REFLECT   | 9:00 First United Methodist Church [ML] 9:30 Good Shepherd Church [ML] 10:00 St. Jude's Church 11:00 Alterations by Kim [A] 12:30 Lunch Out to Torro Mambo Mexican Restarurant 4:30 Happy Hour [BL] 7:30 Sunday Night Movie [TH] | Columbus Day  10:00 Aquacise Flow Class [SP]  11:30 Strong Body/Strong Mind with Charles [FC]  12:30 Bible Study [LB]  2:00 Mini Bingo 25 Cents a Game [A]  4:30 Happy Hour [BL]  7:30 Monday Night Movie [TH]   | Pressure Clinic 4<br>by LL@H  | 10:00 • Aquacise Flow Class [SP]  11:30 • Strong Body/Strong Mind with Charles [FC]  1:00 • Gene's Duplicate Bridge [LR]  1:00 • Mahjong Games [C]  4:30 • Happy Hour [BL]  7:30 • Wednesday Bingo Night [TH]                       | 10:30 • Team Trivia [TH] 16  11:30 • Balance Class [FC]  12:30 • Bridge Card Games [LR]  1:00 • JMC Thrift Shop Pickup  1:30 • Hand & Foot Card Games [C]  2:30 • Chef Billy's Food Demo and Sampling [A]  4:30 • Happy Hour [BL]  7:30 • Movie Night   | 9:30 St. Judes' Catholic Service [TH] 10:00 Aquacise Flow Class [SP] 11:15 Mangrove Bay Chorus w/ Ryan [BL] 1:00 Canasta Cards w/Gene [LR] 1:30 Mahjong Games Mid-Level Group w/Marilyn [C] 4:30 Happy Hour w/Vocalist Stone Silk [BL] 7:30 Cinema Night [TH]   | 10:15 • Fitness Class w/Charles 18  1:00 • Gene's Canasta Card Games [LR]  1:30 • Watercolor Painting Class w/Art Teacher Diane [A]  4:30 • Happy Hour [BL]  7:30 • Saturday Night Bingo [TH]   |
| Location Keys  Activity Room A Bar/Lounge BL Billiard Room B Card Room C Dining Room DR Fitness Center FC LL&H Office LL&H Library LB Living Room LR Main Lobby ML Swimming Pool SP Theater TH | 9:00 First United Methodist Church [ML] 9:30 Good Shepherd Church [ML] 10:00 St. Jude's Church 11:00 Alterations by Kim [A] 2:00 Chair Yoga & Meditation w/Tamara [FC] 4:30 Happy Hour [BL] 7:30 Sunday Night Movie [TH]         | 10:00 • Aquacise Flow Class [SP] 10:30 • Dona's Boutique Open for Shopping [LR] 11:30 • Strong Body/Strong Mind with Charles [FC] 12:30 • Bible Study [LB] 1:00 • Wicked Origins of the Pagan Holiday Halloween Computer Research w/Patrick [TH] 2:00 • Mini Bingo 25 Cents a Game [A] 4:30 • Happy Hour [BL] 7:30 • Monday Night Movie [TH] | 11:00 • Audiology Services by Dr. M. Looney [C] 11:00 Blood Pressure Clinic by LL@H [LL&H] 11:30 • Balance Class [FC] 4:30 • Happy Hour w/Greg Conlon [BL] 7:30 • Rummikub Games [C]  | Class [SP]  11:30 Strong Body/ Strong Mind with Charles [FC]  12:30 Garden Club w/Charles [A]  1:00 Gene's Duplicate Bridge [LR]  1:00 Mahjong Games [C]  4:30 Happy Hour [BL]  7:30 Wednesday Bingo Night [TH]                     | 1:30 • Hand & Foot Card Games [C] 2:30 • Drama Club w/Actor Instructor R. Forbes [TH] 4:30 • Happy Hour [BL] 7:30 • Movie Night   | 9:30 St. Judes' Catholic Service [TH] 10:00 Aquacise Flow Class [SP] 11:15 Mangrove Bay Chorus w/Ryan [BL] 1:00 Canasta Cards w/Gene [LR] 1:30 Mahjong Games Mid-Level Group w/Marilyn [C] 4:30 Happy Hour w/ Pianist Chris Stone [BL] 7:30 Cinema Night [TH]   | 10:15 • Fitness Class w/Charles 25  1:00 • Gene's Canasta Card Games [LR]  1:30 • Watercolor Painting Class w/Art Teacher Diane [A]  4:30 • Happy Hour [BL]  7:30 • Saturday Night Bingo [TH]   |
|  | 9:00 First United Methodist Church [ML] 9:30 Good Shepherd Church [ML] 10:00 St. Jude's Church 11:00 Alterations by Kim [A] 4:30 Happy Hour [BL] 7:30 Sunday Night Movie [TH]  | 10:00 • Aquacise Flow Class [SP]  11:30 • Strong Body/Strong Mind  |   | 10:00 • Aquacise Flow Class [SP]  | SLC 40th Birthday Party  10:30 Team Trivia: "Wicked" Halloween History [TH]  11:30 Balance Class [FC]  12:30 Bridge Card Games [LR]  1:30 Hand & Foot Card Games [C]  4:30 Happy Hour A Time to Raise a Toast to SLC 40th Birthday!  [BL]  7:30 Movie Night   | Halloween  9:30 St. Judes' Catholic Service [TH]  10:00 Aquacise Flow Class [SP]  11:15 Mangrove Bay Chorus w/Ryan [BL]  1:00 Canasta Cards w/Gene [LR]  1:30 Mahjong Games Mid-Level Group w/Marilyn [C]  4:30 Wicked Halloween Masquerade Ball with Costume and Door Decor Judging [BL]  7:30 Cinema Night [TH] |   |