

## Note from the Leadership Team:

February is a month of great festivities! Ground Hog's Day February 2, tells us if the winter's chill will begin to thaw, invites us to surrender, let go, and prepare for the rebirth of spring. Sunday, February 8 Super Bowl LX happy hour kickoff in the lounge at 4:30pm. Valentines Day will be celebrated on Friday February 13 with Camille and Friends' special performance of "LOVE". There is a dinner outing Monday, February 16 to Hong Kong Wok and Grill to celebrate the Chinese New Year. On Tuesday, February 17 we will have a "Fat Tuesday" Mardi Gras party with entertainers Karen Sucher and Friends. Check your calendar daily!



Ashley Cooper "The Entertainer" captivates audiences with a blend of charm and magnetic stage presence he performs Friday, February 27 at 5:00pm - Lounge

## Headlines:

Arthur Pearlstein Vice President of the Port St. Lucy Botanical Garden will be presenting an informational talk on how to best tour these gardens. His talk will be at 1:30pm Thursday, February 19, Mangrove Bay theater. You can choose to experience the six gardens in one day or at your leisure over the course of several visits. We will be planning a trip in April with Arthur as our garden tour guide. **Spending time in a garden allows the body, mind and soul to experience tranquility.**

## Team Member Highlight: Ana Vega



Ana was born in Havana Cuba and moved to the United States in 1969 and has been a resident of Palm Beach County ever since. She graduated from Forest Hill High School. Ana has been working in Mangrove Bay's dining department since April 2025. Previously, she worked as a medical assistant starting at Good Samaritan Hospital. She also has medical billing experience and was the top medical biller for the Oncology Department at Jupiter Medical Center. Ana's hobby and love is raising orchids. She considers herself a caring and compassionate person and enjoys working with Mangrove's residents.

## Leadership Listing:

Craig Reinmuth, *Executive Director*  
Danielle McEnry, *Business Office Manager*  
Donna Marie Amy, *Sales and Marketing*  
Evelyn Barbosa, *Health & Wellness*  
Diane Minich, *Resident Services*  
Marcia Aldridge, *Resident Programs*  
Tamara Martin, *IL Program Coordinator*  
Ann Malachowski, *Dining Services*  
Billy Rainha, *Executive Chef*  
Marie Diogene, *Housekeeping*  
Don Weis, *Building Operations*

# Your Life, Your Style, Your News

MANGROVE BAY INDEPENDENT LIVING  
A Senior Lifestyle Community  
Jupiter, FL

FEBRUARY 2026 Edition

## Meet Your Neighbor: Carmela "Cammy" Clark



Cammy was born in NYC attended Martin Van Buren HS, in Queens. While working for the New York Telephone Co., she attended the Henry George School of Social Sciences. She studied oil painting from Political Cartoonist Clifford Vaughan. Cammy graduated from computer school and worked for start-up companies, traveling back and forth from Manchester, UK. She received her Electrologist Certification, moved to Monroe, NY started a hair removal business and worked for Western Union Telegraph Co. She also obtained her advanced Open Water Scuba Certification. Cammy married Wayne in 1979 and started to work in his businesses. He sold his two businesses then they moved to St. Thomas where she worked with Wayne and sold her paintings. They started to buy and refurbish properties in St. Thomas and FL. In 2005 they retired she thought but Wayne was bored so they started another business!



New Year's Eve party rocked great food, music, and dancing. Fun was had by all. Looking forward to a very Happy 2026 New Year at the Bay!



a Senior Lifestyle community

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

### Location Keys

- Activity Room
- Bar/Lounge
- Billiard Room
- Card Room
- Dining Room
- Fitness Center
- LL&H Office
- Library
- Living Room
- Main Lobby
- Swimming Pool
- Theater

A

BL

B

DR

FC

LL&H

LB

LR

ML

SP

TH



**RESIDENT BIRTHDAYS**  
Lorraine Sabatella  
2/03  
Ralph Cargiulo  
2/03  
Judith "Judy" Farrell  
2/05

**RESIDENT BIRTHDAYS**  
Mary Maher, 2/10  
Mary Louise Poisson  
2/22  
Barbara "Bonnie" Hicks, 2/23



"Surrender to what is.  
Let go of what was.  
Have faith in what will  
be."  
— Sonia Ricotti

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 ● First United Methodist Church [ML] 9:30 ● Good Shepherd Church [ML] 10:00 ● St. Jude's Church 10:30 ● Sunday Brunch [DR] 11:00 ● Alterations by Yen [A] 2:00 ● Heart Centered Yoga &amp; Meditation w/Tamara [FC] 4:30 ● Happy Hour [BL] 7:30 ● Sunday Night Movie [TH]</p>	<p><b>Groundhog Day</b> 10:00 ● Aquacise Flow Class [SP] 11:30 ● Strong Body/Strong Mind with Charles [FC] 12:30 ● Bible Study [LB] 1:00 ● Ground Hog Day Quiz Computer Class w/Patrick [TH] 2:00 ● Mini Bingo 25 Cents a Game [A] 4:30 ● Happy Hour [BL] 5:00 ● Dinner Out to Romantic Ke'e Grill [ML] 7:30 ● Monday Night Movie [TH]</p>	<p>11:00 ● Audiology Services by Dr. M. Looney [C] 11:00 Blood Pressure Clinic by LL@H [LL&amp;H] 11:30 ● Balance Class [FC] 4:30 ● Happy Hour w/Vocalist Debbie Wallace [BL] 7:30 ● Rummikub Games [C]</p>	<p>10:00 ● Aquacise Flow Class [SP] 11:30 ● Strong Body/Strong Mind with Charles [FC] 1:00 ● Gene's Duplicate Bridge [LR] 1:00 ● Mahjong Games [C] 4:30 ● Happy Hour [BL] 7:30 ● Wednesday Bingo Night [TH]</p>	<p>10:00 ● Monthly Resident Meeting [TH] 10:30 ● Team Trivia [TH] 11:30 ● Balance Class [FC] 12:30 ● Bridge Card Games [LR] 1:30 ● Hand &amp; Foot Card Games [C] 2:30 ● Jupiter Country Stompers [BL] 4:30 ● Happy Hour w/Vocalist Mr. Ron [BL] 7:30 ● Movie Night</p>	<p>9:30 ● St. Jude's Catholic Service [TH] 10:00 ● Aquacise Flow Class [SP] 11:15 ● Mangrove Bay Chorus w/ Ryan [BL] 1:00 ● Canasta Cards w/Gene [LR] 1:30 ● Mahjong Games Beginner-Level Group w/Jeanie [C] 4:30 ● Happy Hour w/Vocalist Mr. Ron [BL] 7:30 ● Cinema Night [TH]</p>	<p>11:30 ● Fitness Class w/Charles 1:00 ● Gene's Canasta Card Games [LR] 1:30 ● "The Heart of Connection" Watercolor Painting Class w/Art Teacher Diane [A] 4:30 ● Happy Hour [BL] 7:30 ● Saturday Night Bingo [TH]</p>
<p><b>SUPER BOWL LX</b> 9:00 ● First United Methodist Church [ML] 9:30 ● Good Shepherd Church [ML] 10:00 ● St. Jude's Church 11:00 ● Alterations by Yen [A] 4:30 ● Super Bowl Happy Hour [BL] 7:30 ● Sunday Night Movie [TH]</p>	<p>10:00 ● Aquacise Flow Class [SP] 11:30 ● Strong Body/Strong Mind with Charles [FC] 12:30 ● Bible Study [LB] 1:30 ● Food Demo w/Chef Billy [BL] 2:00 ● Mini Bingo 25 Cents a Game [A] 4:30 ● Happy Hour [BL] 7:30 ● Rummikub Games [C]</p>	<p>11:00 Blood Pressure Clinic by LL@H [LL&amp;H] 11:30 ● Balance Class [FC] 4:30 ● Happy Hour w/The Brooklyn Boys Duo [BL] 7:30 ● Rummikub Games [C]</p>	<p>10:00 ● Aquacise Flow Class [SP] 11:30 ● Strong Body/Strong Mind with Charles [FC] 1:00 ● Gene's Duplicate Bridge [LR] 1:00 ● Mahjong Games [C] 4:30 ● Happy Hour [BL] 7:30 ● Wednesday Bingo Night [TH]</p>	<p>10:30 ● Team Trivia [TH] 11:30 ● Balance Class [SP] 12:30 ● Bridge Card Games [LR] 1:30 ● Hand &amp; Foot Card Games [C] 4:30 ● Happy Hour [BL] 7:30 ● Movie Night</p>	<p>9:30 ● St. Jude's Catholic Service [TH] 10:00 ● Aquacise Flow Class [SP] 11:15 ● Mangrove Bay Chorus w/ Ryan [BL] 1:00 ● Canasta Cards w/Gene [LR] 1:30 ● Mahjong Games Beginner-Level Group w/Jeanie [C] 4:30 ● Happy Hour w/Camille &amp; Friends' Valentine Show "LOVE" [BL] 7:30 ● Cinema Night [TH]</p>	<p><b>Valentine's Day</b> 11:30 ● Fitness Class w/ Charles 1:00 ● Gene's Canasta Card Games [LR] 1:30 ● "The Heart of Connection" Watercolor Painting Class w/Art Teacher Diane [A] 1:30 ● Mangrove Bay Chorus Presents their Valentine Show [BL] 4:30 ● Happy Hour [BL] 7:30 ● Saturday Night Bingo [TH]</p>
<p>9:00 ● First United Methodist Church [ML] 9:30 ● Good Shepherd Church [ML] 10:00 ● St. Jude's Church 11:00 ● Alterations by Yen [A] 12:30 ● Lunch Out to First Watch [ML] 2:00 ● Heart Centered Yoga &amp; Meditation w/Tamara [FC] 4:30 ● Happy Hour [BL] 7:30 ● Sunday Night Movie [TH]</p>	<p><b>Presidents' Day</b> 10:00 ● Aquacise Flow Class [SP] 11:30 ● Strong Body/Strong Mind with Charles [FC] 12:30 ● Bible Study [LB] 1:00 ● "Presidents' Day" Facts &amp; Quizzes by LL@H [LL&amp;H] 2:00 ● Mini Bingo 25 Cents a Game [A] 4:30 ● Happy Hour [BL] 5:00 ● Dinner out to Hong Kong Wok and Grill [ML] 7:30 ● Monday Night Movie [TH]</p>	<p>11:00 ● Audiology Services by Dr. M. Looney [C] 11:00 Blood Pressure Clinic by LL@H [LL&amp;H] 11:30 ● Balance Class [FC] 4:30 ● Celebrate Mardi Gras w/Karen Sucher and Friends [BL] 7:30 ● Rummikub Games [C]</p>	<p><b>Ash Wednesday</b> 10:00 ● Aquacise Flow Class [SP] 11:30 ● Strong Body/Strong Mind with Charles [FC] 1:00 ● Gene's Duplicate Bridge [LR] 1:00 ● Mahjong Games [C] 4:30 ● Happy Hour [BL] 7:30 ● Wednesday Bingo Night [TH]</p>	<p>10:30 ● Team Trivia [TH] 11:30 ● Balance Class [FC] 12:30 ● Bridge Card Games [LR] 1:00 ● JMC Thrift Shop Pickup 1:30 ● Hand &amp; Foot Card Games [C] 1:30 ● Intro to Port St. Lucie Botanical Gardens by Art Pearlstein 4:30 ● Happy Hour [BL] 7:30 ● Movie Night</p>	<p>9:30 ● St. Jude's Catholic Service [TH] 10:00 ● Aquacise Flow Class [SP] 11:15 ● Mangrove Bay Chorus w/ Ryan [BL] 1:00 ● Canasta Cards w/Gene [LR] 1:30 ● Mahjong Games Beginner-Level Group w/Jeanie [C] 4:30 ● Happy Hour w/Singer Johnny "P" [BL] 7:30 ● Cinema Night [TH]</p>	<p>11:30 ● Fitness Class w/Charles 1:00 ● Gene's Canasta Card Games [LR] 1:30 ● "The Heart of Connection" Watercolor Painting Class w/Art Teacher Diane [A] 4:30 ● Happy Hour [BL] 7:30 ● Saturday Night Bingo [TH]</p>
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