

Note from the Leadership Team:

In March when spring begins, we celebrate Irish and Celtic Culture, as well as Women's History month! We begin with a lunch out to a local Irish Pub always a favorite. On the big day we have Jimmy Breen and his Irish lady Cindi playing and singing all our favorite St. Patrick's Day songs! Dinner will be traditional Corned Beef and Cabbage! For Women's History month we have a special Team Trivia all about the many achievements of women worldwide and in our Poetry Hour we are learning about and honoring women poets! Let the fun begin!



Designing Spring flower arrangements!

Headline:

March is a beautiful time of year here in South Florida, Daylight Savings Time begins and we can take full advantage of the extra daylight with our ideal weather. Spring officially begins Friday March 20 but for us it always comes early! Sunday March 29th is Palm Sunday which begins Holy week for Christians. Two exciting new outings are planned for March. First a bus trip out to our local baseball field. And a bus trip and luncheon celebrating the 40th anniversary of the Costco Combo a delicious hotdog and a fountain drink!

Team Member Highlight Maria Laserna



Maria came to this country in 1997. She worked in various roles until she was hired at a nursing home. There, she was promoted to a cook, and it was at that moment she realized what she loved to do. Her passion lies in cooking; wherever she goes, creativity follows. Maria later graduated from Lincoln College Institute with a degree in Culinary Arts. At Mangrove Bay she loves putting smiles on her customers' faces, it's what makes her passion so worthwhile.

Leadership Listing:

Craig Reinmuth, *Executive Director*
Danielle McEnry, *Business Office Manager*
Donna Marie Amy, *Sales and Marketing*
Evelyn Barbosa, *Health & Wellness*
Diane Minich, *Resident Services*
Marcia Aldridge, *Resident Programs*
Alma Marz, *Assisted Living Coordinator*
Ann Malachowski, *Dining Services*
Billy Rainha, *Executive Chef*
Marie Diogene, *Housekeeping*
Don Weis, *Building Operations*

Your *Life*, Your *Style*, Your *News*

Mangrove Bay Assisted Living
A Senior Lifestyle Community
Jupiter, FL

MARCH 2026 EDITION

Featured Events:

B&B, Breath and Balance, w/Connie
Wednesdays, March 4, 11, & 25, 10:30am

Paul Pappas Entertains Playing Piano
Mondays, March 9 & 23, 3:00pm

Chef Billy's Seasonal Food Demo
Monday, March 9, 2:30pm

Happy Hour w/Jimmy Breen & Irish Lady Cindi
Tuesday, March 17, 3:00pm

Traditional Irish Corned Beef & Cabbage
Friday, March 17, 5:00pm

Meet Your Neighbor Edmund Ross



Edmund, who likes to be called Ted, was born in Newark, NJ. He spent most of his life in Connecticut near the Housatonic River which is a popular destination for fishing and boating. Ted graduated from Yale University and worked as an attorney traveling abroad for IBM. He was married to Barbara for over 50 years. They have four children, two boys, two girls, and many grand and great grandchildren. Ted enjoyed tennis, boating, dining and served as a marine commander at his local country club. Before moving to Mangrove Bay Ted lived with his partner Anne for 15 years. He enjoys listening to talking books, PGA golf tournaments, loves Alma's daily exercise program, trivia and live entertainment at the Bay.



Happy St. Patrick's Day Party March 17 with Jim Breen and his Irish lady Cindi!



- *Diversity Event
- _CONNECT
- _FEEL
- _GROW
- _MOVE
- _REFLECT

Location Keys

- Activity Room
- Lobby Area
- Theater
- Third Floor

- A
- LA
- TH
- 3FL

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>10:00 News Flash! [TH] 1</p> <p>10:30 Catholic Church Service [TH]</p> <p>11:30 Sunday Morning Stretch [TH]</p> <p>2:00 Sunday Afternoon Piano w/ Karen Sucher</p> <p>3:00 Go Fish Go Fish [TH]</p> <p>6:30 Sunday Night Movie [TH]</p>	<p>10:00 News and Chews [TH] 2</p> <p>10:30 Bodies in Motion Exercise</p> <p>11:30 Reminiscing about Movie Stars [TH]</p> <p>1:30 Rummikub Tile Games</p> <p>2:00 Juggle with Scarves [TH]</p> <p>3:30 UNO Card Game [TH]</p> <p>6:30 Millon Dollar Movie [A]</p>	<p>9:45 Opening Prayer w/ Deacon Les [TH] 3</p> <p>10:30 Music's Stretch & Mobilize Class [TH]</p> <p>11:30 Residents' Password Game [TH]</p> <p>2:00 Jewelry Making Class w/ Ellen & Friends</p> <p>3:30 5 Crown Card Games [TH]</p> <p>6:30 Classic Movie Night [3FL]</p>	<p>9:45 Guided Garden Walk [LA] 4</p> <p>10:30 B & B Breathe & Balance Class w/Connie</p> <p>11:30 Memory Lane Travel A-Z [A]</p> <p>1:30 Bus Trip Out to the \$ Store</p> <p>3:30 Level One Independent Rummikub Team Players [TH]</p> <p>6:15 Resident Movie Request [3FL]</p>	<p>10:00 Certified Strength for Full Life Program w/ Alma [A] 5</p> <p>11:30 Guess/Gestures</p> <p>2:00 Book Club & Knitting Club</p> <p>3:00 "Four Leaf Clover" Watercolor Painting Class w/Instructor Diane [TH]</p> <p>6:30 Foreign Film Fest [3FL]</p>	<p>10:30 Mangrove Bay Chorus w/Ryan [LA] 6</p> <p>11:30 Pictionary Fun! [TH]</p> <p>2:00 Choose Your Game Uno or Scrabble [TH]</p> <p>3:00 Happy Hour w/vocalist Mr. Ron</p> <p>4:15 Charades Team Trivia: Heads Up Words! [LA]</p> <p>6:30 Discovery Channel Experience [3FL]</p>	<p>10:00 Floral Arranging Class w/ Pat and Friends [TH] 7</p> <p>11:00 Chair Exercise Class [TH]</p> <p>1:30 Bingo Extravaganza [LA]</p> <p>3:00 Uno! for Everyone [TH]</p> <p>6:30 Movie Night [TH]</p>
	<p>Daylight Saving Time Begins 8</p> <p>10:00 News Flash! [TH]</p> <p>10:30 Catholic Church Service [TH]</p> <p>11:30 Sunday Morning Stretch [TH]</p> <p>2:00 Sunday Afternoon Piano w/Chris Stone</p> <p>3:00 Go Fish Go Fish [TH]</p> <p>6:30 Sunday Night Movie [TH]</p>	<p>10:00 News and Chews [TH] 9</p> <p>10:30 Bodies in Motion Exercise</p> <p>11:30 Vacation Destination Word Game [TH]</p> <p>1:30 Rummikub Tile Games</p> <p>2:00 Juggle with Scarves [TH]</p> <p>2:30 Food Demo w/Chef Billy "Seasonal Favorite" [LA]</p> <p>3:00 Happy Hour w/Pianist Paul Pappas</p> <p>3:30 UNO Card Game [TH]</p> <p>6:30 Millon Dollar Movie [A]</p>	<p>9:45 Opening Prayer w/ Deacon Les [TH] 10</p> <p>10:30 Music's Stretch & Mobilize Class [TH]</p> <p>11:30 Residents' Password Game [TH]</p> <p>3:00 Happy Hour w/Brooklyn Boys Duo</p> <p>4:30 Guess Who / Trivia</p> <p>6:30 Classic Movie Night [3FL]</p>	<p>9:45 Guided Garden Walk [LA] 11</p> <p>10:00 Resident Council - AL [TH]</p> <p>10:30 B & B Breathe & Balance Class w/Connie</p> <p>11:30 Memory Lane Travel A-Z [A]</p> <p>1:30 Bus Trip - Sightseeing our local Baseball Field</p> <p>3:30 Level One Independent Rummikub Team Players [TH]</p> <p>6:15 Resident Movie Request [3FL]</p>	<p>10:00 Children of Jupiter Christian School [A] 12</p> <p>11:30 Guess/Gestures</p> <p>2:00 Book Club & Knitting Club</p> <p>3:00 Watercolor Painting Class w/Instructor Diane [TH]</p> <p>6:30 Foreign Film Fest [3FL]</p>	<p>10:30 Mangrove Bay Chorus w/Ryan [LA] 13</p> <p>11:30 Word Pictures [TH]</p> <p>2:00 Choose Your Game Uno or Scrabble [TH]</p> <p>3:00 Happy Hour w/vocalist Ryan & Friend</p> <p>4:15 Charades Team Trivia: Heads Up Words! [LA]</p> <p>6:30 Discovery Channel Experience [3FL]</p>	<p>10:00 Floral Arranging Class w/ Pat and Friends [TH] 14</p> <p>11:00 Chair Exercise Class [TH]</p> <p>1:00 Jamie's Dog Therapy Visit [LA]</p> <p>1:30 Bingo Extravaganza [LA]</p> <p>3:00 Uno! for Everyone [TH]</p> <p>6:30 Movie Night [TH]</p>
	<p>10:00 News Flash! [TH] 15</p> <p>10:30 Catholic Church Service [TH]</p> <p>11:30 Sunday Morning Stretch [TH]</p> <p>2:00 Sunday Afternoon Piano w/Art Pearlstein</p> <p>3:00 Go Fish Go Fish [TH]</p> <p>6:30 Sunday Night Movie [TH]</p>	<p>10:00 News and Chews [TH] 16</p> <p>10:30 Bodies in Motion Exercise</p> <p>11:30 Test Your Knowledge Trivia [TH]</p> <p>1:30 Rummikub Tile Games</p> <p>2:00 Juggle with Scarves [TH]</p> <p>3:30 UNO Card Game [TH]</p> <p>6:30 Millon Dollar Movie [A]</p>	<p>St. Patrick's Day 17</p> <p>9:45 Opening Prayer w/ Deacon Les [TH]</p> <p>10:30 Music's Stretch & Mobilize Class [TH]</p> <p>11:30 Residents' Password Game [TH]</p> <p>2:00 Jewelry Making Class w/Ellen & Friends</p> <p>3:00 Happy Hour St. Patrick Celebration w/Jimmy Breen & Irish Lady Cindi</p> <p>5:00 New Event Name</p> <p>6:30 Classic Movie Night [3FL]</p>	<p>9:45 Guided Garden Walk [LA] 18</p> <p>10:30 Tai Chi Class w/ Connie [TH]</p> <p>11:30 International Touring on the Map [TH]</p> <p>1:30 Bus Trip to Martin County Historic Golden Gate Building</p> <p>3:30 Level One Independent Rummikub Team Players [TH]</p> <p>6:15 Resident Movie Request [3FL]</p>	<p>10:00 Certified Strength for Full Life Program w/ Alma [A] 19</p> <p>11:30 "Charades" Game [TH]</p> <p>11:30 Guess/Gestures</p> <p>2:00 Book Club & Knitting Club</p> <p>3:00 Watercolor Painting Class w/Instructor Diane [TH]</p> <p>6:30 Foreign Film Fest [3FL]</p>	<p>First Day of Spring 20</p> <p>10:30 Mangrove Bay Chorus w/Ryan [LA]</p> <p>11:30 Pictionary Fun! [TH]</p> <p>2:00 Choose Your Game Uno or Scrabble [TH]</p> <p>3:00 Happy Hour w/Singer Johnny P</p> <p>4:15 Charades Team Trivia: Heads Up Words! [LA]</p> <p>6:30 Discovery Channel Experience [3FL]</p>	<p>10:00 Floral Arranging Class w/ Pat and Friends [TH] 21</p> <p>11:00 Chair Exercise Class [TH]</p> <p>1:30 Bingo Extravaganza [LA]</p> <p>3:00 Happy Hour w/ Singer & Dancer Greg Conlon [LA]</p> <p>6:30 Movie Night [TH]</p>
	<p>10:00 News Flash! [TH] 22</p> <p>10:30 Catholic Church Service [TH]</p> <p>11:30 Sunday Morning Stretch [TH]</p> <p>2:00 Sunday Afternoon Piano w/Chris Stone</p> <p>3:00 Go Fish Go Fish [TH]</p> <p>6:30 Sunday Night Movie [TH]</p>	<p>10:00 News and Chews [TH] 23</p> <p>11:00 Kaitlyn's Yoga Class</p> <p>1:30 Rummikub Tile Games</p> <p>3:00 Paul Pappas Special Piano Performance [TH]</p> <p>6:30 Millon Dollar Movie [A]</p>	<p>9:45 Opening Prayer w/ Deacon Les [TH] 24</p> <p>10:30 Music's Stretch & Mobilize Class [TH]</p> <p>11:30 Residents' Password Game [TH]</p> <p>2:00 Let's Play Yahtzee /Dice Game</p> <p>3:30 5 Crown Card Games [TH]</p> <p>6:30 Classic Movie Night [3FL]</p>	<p>9:45 Guided Garden Walk [LA] 25</p> <p>10:00 Positive Quote of the Day [TH]</p> <p>10:30 B & B Breathe & Balance Class w/Connie</p> <p>11:30 Memory Lane Travel A-Z [A]</p> <p>1:30 Bus Trip/ Lunch Celebrating 40th Anniversary of the Costco/Combo</p> <p>3:30 Level One Independent Rummikub Team Players [TH]</p> <p>6:15 Resident Movie Request [3FL]</p>	<p>10:00 Certified Strength for Full Life Program w/ Alma [A] 26</p> <p>11:30 "Charades" Game [TH]</p> <p>11:30 Guess/Gestures</p> <p>2:00 Book Club & Knitting Club</p> <p>3:00 Watercolor Painting Class w/Instructor Diane [TH]</p> <p>6:30 Foreign Film Fest [3FL]</p>	<p>10:30 Mangrove Bay Chorus w/Ryan [LA] 27</p> <p>11:30 Word Pictures [TH]</p> <p>2:00 Choose Your Game Uno or Scrabble [TH]</p> <p>3:00 Happy Hour w/vocalist Stone Silk</p> <p>4:15 Charades Team Trivia: Heads Up Words! [LA]</p> <p>6:30 Discovery Channel Experience [3FL]</p>	<p>10:00 Floral Arranging Class w/ Pat and Friends [TH] 28</p> <p>11:00 Chair Exercise Class [TH]</p> <p>1:30 Bingo Extravaganza [LA]</p> <p>3:00 Uno! for Everyone [TH]</p> <p>6:30 Movie Night [TH]</p>
	<p>Palm Sunday 29</p> <p>10:00 News Flash! [TH]</p> <p>10:30 Catholic Church Service [TH]</p> <p>11:30 Sunday Morning Stretch [TH]</p> <p>11:30 Word Pictures</p> <p>2:00 Sunday Afternoon Piano w/ Karen Sucher</p> <p>3:00 Go Fish Go Fish [TH]</p> <p>6:30 Sunday Night Movie [TH]</p>	<p>10:00 News and Chews [TH] 30</p> <p>10:00 Positive Quote of the Day</p> <p>10:30 Bodies in Motion Exercise</p> <p>11:30 Hangman Word Game</p> <p>1:30 Rummikub Tile Games</p> <p>2:00 Juggle with Scarves [TH]</p> <p>3:30 UNO Card Game [TH]</p> <p>6:30 Millon Dollar Movie [A]</p>	<p>9:45 Opening Prayer w/ Deacon Les [TH] 31</p> <p>10:30 Music's Stretch & Mobilize Class [TH]</p> <p>11:30 Residents' Password Game [TH]</p> <p>2:00 Jewelry Making Class w/ Ellen & Friends</p> <p>3:30 5 Crown Card Games</p> <p>4:00 New Event Name</p> <p>6:30 Classic Movie Night [3FL]</p>				<p>RESIDENT BIRTHDAYS</p> <p>Wanda Gabbard 3/5</p> <p>Nancy Gallagher 3/20</p> <p>Barbara May 3/28</p>