

Note from the Leadership Team:

In March when spring begins, we celebrate Irish and Celtic Culture, as well as Women's History month! We begin with a dinner out to McCarthy's Irish Pub a local favorite. Patrick will help us learn more about Irish beer while we enjoy a few samples. On the big day we have Jimmy Breen and his Irish lady Cindi playing and singing all our favorite St. Patrick's Day songs! Dinner will be traditional Corned Beef and Cabbage! For Women's History month we have a special Team Trivia all about the many achievements of women worldwide and in our Poetry Hour we are learning about and honoring women poets! Let the fun begin!



Headlines:

March is a beautiful time of year here in South Florida, Daylight Savings Time begins and we can take full advantage of the extra daylight with our ideal weather. Spring officially begins Friday March 20 but for us it always comes early! On Wednesday March 25th we are looking forward to another Poolside BBQ Cookout with chef Billy and our kitchen staff's delicious outdoor grilled fare, with all the trimmings while we enjoying live Caribbean Calypso music! Sunday March 29th is Palm Sunday which begins Holy week for Christians.

Team Member Highlight:

Maria Laserna



Maria came to this country in 1997. She worked in various roles until she was hired at a nursing home. There, she was promoted to a cook, and it was at that moment she realized what she loved to do. Her passion lies in cooking; wherever she goes, creativity follows. Maria later graduated from Lincoln College Institute with a degree in Culinary Arts. At Mangrove Bay she loves putting smiles on her customers' faces, it's what makes her passion so worthwhile.

Leadership Listing:

Craig Reinmuth, *Executive Director*
Danielle McEnry, *Business Office Manager*
Donna Marie Amy, *Sales and Marketing*
Evelyn Barbosa, *Health & Wellness*
Diane Minich, *Resident Services*
Marcia Aldridge, *Resident Programs*
Tamara Martin, *IL Program Coordinator*
Ann Malachowski, *Dining Services*
Billy Rainha, *Executive Chef*
Marie Diogene, *Housekeeping*
Don Weis, *Building Operations*

Your *Life*, Your *Style*, Your *News*

MANGROVE BAY INDEPENDENT LIVING
A Senior Lifestyle Community
Jupiter, FL

March 2026 Edition

Featured Events:

Outing to McCarthy's Irish Pub
Tuesday, March 3, 5:00pm

Poetry Hour "Women Poets"
Tuesday, March 10, 2:00pm

Irish Beer Computer Research & Tasting
Monday, March 16, 1:30pm

Happy Hour w/Jimmy Breen & Irish Lady Cindi
Tuesday, March 17, 4:30pm

Irish Corned Beef & Cabbage Dinner
Tuesday, March 17, 4:45pm

Poolside BBQ Cookout w/Live Entertainment
Wednesday, March 25, 12:00pm



Judy and Thomas at our Poolside Party Cookout in January the food was fabulous the entertainment was great and the weather was beautiful!

Meet Your Neighbor:

Ingrid Conant



Ingrid never planned to move to America but in 1965 she was transferred from her job as an accountant in Oslo, Norway to NYC! Three months before her planned return to Norway Ingrid met her future husband and married 5 years later. They lived in NYC for 20 years, then moved to St. Paul MN. They moved to a lake house on a ten-acre lot and gardening became Ingrid's love. Later she bought several farms in N/E Iowa growing soybeans for the trade and corn sold directly to local pig farmers. She is still active in farming. They moved to Florida ten years ago for golfing and tennis and a little more heat. Her husband passed several years ago. On April 1st of last year Ingrid moved to MB and loves it!



- Explore - Self Expression & the Arts
- _CONNECT
- _CONTRIBUTE
- _FEEL
- _GROW
- _MOVE
- _REFLECT

Location Keys

- | | |
|----------------|------|
| Activity Room | A |
| Bar/Lounge | BL |
| Billiard Room | B |
| Card Room | C |
| Dining Room | DR |
| Fitness Center | FC |
| LL&H Office | LL&H |
| Library | LB |
| Living Room | LR |
| Lobby Area | LA |
| Main Lobby | ML |
| Swimming Pool | SP |
| Theater | TH |

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>9:00 ● First United Methodist Church [ML] 1</p> <p>9:30 ● Good Shepherd Church [ML]</p> <p>10:00 ● St. Jude's Church</p> <p>10:30 ● Sunday Brunch [DR]</p> <p>11:00 ● Alterations by Yen [A]</p> <p>4:30 ● Happy Hour [BL]</p> <p>7:30 ● Sunday Night Movie [TH]</p>	<p>10:00 ● Aquacise Flow Class [SP] 2</p> <p>11:30 ● Strong Body/Strong Mind with Charles [FC]</p> <p>12:30 ● Bible Study [LB]</p> <p>1:00 ● Computer Lessons w/ Patrick [TH]</p> <p>2:00 ● Mini Bingo 25 Cents a Game [A]</p> <p>4:30 ● Happy Hour [BL]</p> <p>7:30 ● Monday Night Movie [TH]</p>	<p>11:00 ● Blood Pressure Clinic by LL@H [LL&H] 3</p> <p>11:30 ● Balance Class [FC]</p> <p>4:30 ● Happy Hour w/Karen Sucher and Friends [BL]</p> <p>5:00 ● Dinner Out to McCarthy's Irish Pub [ML]</p> <p>7:30 ● Rummikub Games [C]</p>	<p>10:00 ● Aquacise Flow Class [SP] 4</p> <p>11:30 ● Strong Body/Strong Mind with Charles [FC]</p> <p>1:00 ● Gene's Duplicate Bridge [LR]</p> <p>1:00 ● Mahjong Games [C]</p> <p>4:30 ● Happy Hour [BL]</p> <p>7:30 ● Wednesday Bingo Night [TH]</p>	<p>10:00 ● Monthly Resident Meeting [TH] 5</p> <p>10:30 ● Team Trivia "Women's History" Month [TH]</p> <p>11:00 ● Dona's Boutique Open for Shopping [BL]</p> <p>12:30 ● Bridge Card Games [LR]</p> <p>1:30 ● Hand & Foot Card Games [C]</p> <p>4:30 ● Happy Hour [BL]</p> <p>7:30 ● Movie Night</p>	<p>9:30 ● St. Judes' Catholic Service [TH] 6</p> <p>10:00 ● Aquacise Flow Class [SP]</p> <p>11:15 ● Mangrove Bay Chorus w/ Ryan [BL]</p> <p>1:00 ● Canasta Cards w/Gene [LR]</p> <p>1:30 ● Mahjong Games Beginner-Level Group w/Jeanie [C]</p> <p>4:30 ● Happy Hour w/Vocalist Mr. Ron [BL]</p> <p>7:30 ● Cinema Night [TH]</p>	<p>11:30 ● Fitness Class w/Charles 7</p> <p>1:00 ● Gene's Canasta Card Games [LR]</p> <p>1:30 ● Shamrocks and Leprechauns Watercolor Painting Class w/Art Teacher Diane [A]</p> <p>4:30 ● Happy Hour [BL]</p> <p>7:30 ● Saturday Night Bingo [TH]</p>
	<p>Daylight Saving Time Begins 8</p> <p>9:00 ● First United Methodist Church [ML]</p> <p>9:30 ● Good Shepherd Church [ML]</p> <p>10:00 ● St. Jude's Church</p> <p>11:00 ● Alterations by Yen [A]</p> <p>12:30 ● Lunch Out to The Palm House</p> <p>4:30 ● Happy Hour [BL]</p> <p>7:30 ● Sunday Night Movie [TH]</p>	<p>10:00 ● Aquacise Flow Class [SP] 9</p> <p>11:30 ● Strong Body/Strong Mind with Charles [FC]</p> <p>12:30 ● Bible Study [LB]</p> <p>1:30 ● Food Demo w/Chef Billy "Seasonal Favorite" [BL]</p> <p>2:00 ● Mini Bingo 25 Cents a Game [A]</p> <p>7:30 ● Monday Night Movie [TH]</p>	<p>9:30 ● Mini Facials by Lisa [A] 10</p> <p>11:00 ● Blood Pressure Clinic by LL@H [LL&H]</p> <p>11:30 ● Balance Class [FC]</p> <p>2:00 ● Poetry Hour "Women Poets" w/Tamara [A]</p> <p>4:30 ● Happy Hour w/The Brooklyn Boys Duo [BL]</p> <p>7:30 ● Rummikub Games [C]</p>	<p>10:00 ● Aquacise Flow Class [SP] 11</p> <p>11:30 ● Strong Body/Strong Mind with Charles [FC]</p> <p>1:00 ● Gene's Duplicate Bridge [LR]</p> <p>1:00 ● Mahjong Games [C]</p> <p>7:30 ● Wednesday Bingo Night [TH]</p>	<p>10:30 ● Team Trivia [TH] 12</p> <p>11:30 ● Introducing Qigong Class w/ Connie [FC]</p> <p>12:30 ● Bridge Card Games [LR]</p> <p>1:30 ● Hand & Foot Card Games [C]</p> <p>7:30 ● Movie Night</p>	<p>9:30 ● St. Judes' Catholic Service [TH] 13</p> <p>10:00 ● Aquacise Flow Class [SP]</p> <p>10:30 ● Terry's Jewelry Sales and Repairs</p> <p>11:15 ● Mangrove Bay Chorus w/Ryan [BL]</p> <p>1:00 ● Canasta Cards w/Gene [LR]</p> <p>1:30 ● Mahjong Games Beginner-Level Group w/Jeanie [C]</p> <p>4:30 ● Happy Hour w/Singer Ryan Gil & Friends [BL]</p> <p>7:30 ● Cinema Night [TH]</p>	<p>11:30 ● Fitness Class w/Charles 14</p> <p>1:00 ● Gene's Canasta Card Games [LR]</p> <p>1:30 ● Shamrocks and Leprechauns Watercolor Painting Class w/Art Teacher Diane [A]</p> <p>7:30 ● Saturday Night Bingo [TH]</p>
	<p>9:00 ● First United Methodist Church [ML] 15</p> <p>9:30 ● Good Shepherd Church [ML]</p> <p>10:00 ● St. Jude's Church</p> <p>11:00 ● Alterations by Yen [A]</p> <p>7:30 ● Sunday Night Movie [TH]</p>	<p>10:00 ● Aquacise Flow Class [SP] 16</p> <p>11:30 ● Strong Body/Strong Mind with Charles [FC]</p> <p>12:30 ● Bible Study [LB]</p> <p>1:00 ● Irish Beer Computer Research and Tasting w/ Patrick [TH]</p> <p>2:00 ● Mini Bingo 25 Cents a Game [A]</p> <p>7:30 ● Monday Night Movie [TH]</p>	<p>St. Patrick's Day 17</p> <p>11:00 ● Blood Pressure Clinic by LL@H [LL&H]</p> <p>11:30 ● Balance Class [FC]</p> <p>4:30 ● Happy Hour w/ Entertainers Jimmy Breen and His Irish Lady Cindi [BL]</p> <p>4:45 ● Traditional Irish Corned Beef and Cabbage Dinner [DR]</p> <p>7:30 ● Rummikub Games [C]</p>	<p>10:00 ● Aquacise Flow Class [SP] 18</p> <p>11:30 ● Strong Body/Strong Mind with Charles [FC]</p> <p>1:00 ● Gene's Duplicate Bridge [LR]</p> <p>1:00 ● Mahjong Games [C]</p> <p>7:30 ● Wednesday Bingo Night [TH]</p>	<p>10:30 ● Team Trivia "Irish & Celtic Culture" [TH] 19</p> <p>12:30 ● Bridge Card Games [LR]</p> <p>1:00 ● JMC Thrift Shop Pickup</p> <p>1:30 ● Hand & Foot Card Games [C]</p> <p>7:30 ● Movie Night</p>	<p>First Day of Spring 20</p> <p>9:30 ● St. Judes' Catholic Service [TH]</p> <p>10:00 ● Aquacise Flow Class [SP]</p> <p>11:15 ● Mangrove Bay Chorus w/ Ryan [BL]</p> <p>1:00 ● Canasta Cards w/Gene [LR]</p> <p>1:30 ● Mahjong Games Beginner-Level Group w/Jeanie [C]</p> <p>4:30 ● Happy Hour w/Singer Johnny "P" [BL]</p> <p>7:30 ● Cinema Night [TH]</p>	<p>10:30 ● Outing to Seminole Casino Coconut Creek [LA] 21</p> <p>11:30 ● Fitness Class w/Charles 22</p> <p>1:00 ● Gene's Canasta Card Games [LR]</p> <p>1:30 ● Shamrocks and Leprechauns Watercolor Painting Class w/Art Teacher Diane [A]</p> <p>7:30 ● Saturday Night Bingo [TH]</p>
	<p>9:00 ● First United Methodist Church [ML] 22</p> <p>9:30 ● Good Shepherd Church [ML]</p> <p>10:00 ● St. Jude's Church</p> <p>11:00 ● Alterations by Yen [A]</p> <p>7:30 ● Sunday Night Movie [TH]</p>	<p>10:00 ● Aquacise Flow Class [SP] 23</p> <p>11:30 ● Strong Body/Strong Mind with Charles [FC]</p> <p>12:30 ● Bible Study [LB]</p> <p>2:00 ● Mini Bingo 25 Cents a Game [A]</p> <p>3:15 ● Opera Lecture w/Soprano J. Pimienta [TH]</p> <p>4:30 ● Happy Hour w/Pianist Paul Pappas [BL]</p> <p>7:30 ● Monday Night Movie [TH]</p>	<p>11:00 ● Blood Pressure Clinic by LL@H [LL&H] 24</p> <p>11:30 ● Balance Class [FC]</p> <p>3:00 ● "Page Turners" Book Club [TH]</p> <p>4:30 ● Happy Hour w/Greg Conlon [BL]</p> <p>7:30 ● Rummikub Games [C]</p>	<p>10:00 ● Aquacise Flow Class [SP] 25</p> <p>11:30 ● Strong Body/Strong Mind with Charles [FC]</p> <p>12:00 ● Poolside BBQ Cookout with Live Entertainment [SP]</p> <p>1:00 ● Gene's Duplicate Bridge [LR]</p> <p>1:00 ● Mahjong Games [C]</p> <p>7:30 ● Wednesday Bingo Night [TH]</p>	<p>10:30 ● Team Trivia [TH] 26</p> <p>11:30 ● Introducing Qigong Class w/Connie [FC]</p> <p>12:30 ● Birthday Party Lunch [DR]</p> <p>12:30 ● Bridge Card Games [LR]</p> <p>1:30 ● Hand & Foot Card Games [C]</p> <p>7:30 ● Movie Night</p>	<p>9:30 ● St. Judes' Catholic Service [TH] 27</p> <p>10:00 ● Aquacise Flow Class [SP]</p> <p>11:15 ● Mangrove Bay Chorus w/ Ryan [BL]</p> <p>1:00 ● Canasta Cards w/Gene [LR]</p> <p>1:30 ● Mahjong Games Beginner-Level Group w/Jeanie [C]</p> <p>4:30 ● Happy Hour w/Stone Silk [BL]</p> <p>7:30 ● Cinema Night [TH]</p>	<p>11:30 ● Fitness Class w/Charles 28</p> <p>1:00 ● Gene's Canasta Card Games [LR]</p> <p>1:30 ● Shamrocks and Leprechauns Watercolor Painting Class w/Art Teacher Diane [A]</p> <p>7:30 ● Saturday Night Bingo [TH]</p>
	<p>Palm Sunday 29</p> <p>9:00 ● First United Methodist Church [ML]</p> <p>9:30 ● Good Shepherd Church [ML]</p> <p>10:00 ● St. Jude's Church</p> <p>11:00 ● Alterations by Yen [A]</p> <p>7:30 ● Sunday Night Movie [TH]</p>	<p>10:00 ● Aquacise Flow Class [SP] 30</p> <p>11:30 ● Strong Body/Strong Mind with Charles [FC]</p> <p>12:30 ● Bible Study [LB]</p> <p>2:00 ● Mini Bingo 25 Cents a Game [A]</p> <p>4:30 ● Happy Hour</p> <p>7:30 ● Monday Night Movie [TH]</p>	<p>10:00 ● Complimentary Chair Massage by Tamara [B] 31</p> <p>11:00 ● Blood Pressure Clinic by LL@H [LL&H]</p> <p>11:30 ● Balance Class [FC]</p> <p>4:30 ● Happy Hour w/Guitarist Vocalist Brian Jakob [BL]</p> <p>7:30 ● Rummikub Games [C]</p>			<p>RESIDENT BIRTHDAYS</p> <p>Sandra Diego 3/09</p> <p>John Pecoraro 3/16</p> <p>David Armbruster 3/17</p>	<p>RESIDENT BIRTHDAYS</p> <p>Vicki OKeefe, 3/23</p> <p>Louise Pace, 3/24</p> <p>Bunny Berenson 3/29</p> <p>Bill Rogers, 3/30</p> <p>Judy Brammer, 3/31</p>